

Asthma/Supporting Children with Medical Needs Policy

| Written by | Reviewed and Ratified by Governors | Shared with Staff | Last Updated | Review cycle | Next Review due |
|-----------------------|------------------------------------|-------------------|--------------|-------------------|--------------------|
| Duncan Wakefield | January 2025 | January 2025 | January 2023 | Two Year Cycle | September 2027 |
| Deputy Headteacher | | | | | |

1. Statement of Intent

At Shefford Lower School we:

- Welcome all children/young people with asthma/individual medical conditions and encourage and help children/young people to participate in all aspects of school life
- Recognise that asthma is an important condition affecting many children/young people of school age
- Recognise that immediate access to inhalers is vital
- Will do all we can to ensure that the school environment is favourable to asthmatic children/young people
- Will ensure that all other pupils understand asthma so that they can support their friends; and so those with asthma can avoid the stigma sometimes attached to this condition
- Ensure safe spaces and support for children to help take their medication in line with their care plans
- Provide staff have a clear understanding of what to do in the event of a child having an asthma attack
- Work in partnership with parents, school governors, health professional,

school staff and children to ensure the successful implementation of our school asthma policy

2. Legal Framework

2.1 This policy meets the requirements under <u>Section 100 of the Children and Families Act 2014</u>, which places a duty on governing boards to make arrangements for supporting pupils at their school with medical conditions. It is also based on the Department for Education (DfE)'s statutory guidance on <u>supporting pupils with medical</u> <u>conditions at school</u> as well as the DfE (2023) 'Keeping children safe in education 2022'.

3. Roles and Responsibilities

3.1 The governing board has ultimate responsibility to make arrangements to support pupils with medical conditions.

3.2 The governing board will ensure that sufficient staff have received suitable training and are competent before they are responsible for supporting children with medical conditions.

3.3The headteacher will:

- Make sure all staff are aware of this policy and understand their role in its implementation
- Ensure that there is a sufficient number of trained staff available to implement this policy and deliver against all individual healthcare plans, including in contingency and emergency situations
- Ensure that all staff who need to know are aware of a child's condition
- Take overall responsibility for the development of care plans
- Make sure that school staff are appropriately insured and aware that they are insured to support pupils in this way
- Contact the school nursing service in the case of any pupil who has a medical condition that may require support at school, but who has not yet been brought to the attention of the school nurse
- Ensure that systems are in place for obtaining information about a child's medical needs and that this information is kept up to date

4.0 Designated Staff/Leaders

Our School Designated Asthma Leads are:

| Lucy Leeson | Role: Office Manager |
|---------------|-----------------------------------|
| Donna Pashley | Role: School Administrator |

4.1 Designated staff will be responsible for:

- Ensuring all staff members read and implement this policy
- Keeping care plans up to date and provided to staff

4.2 All staff/teaching staff/support staff will be responsible for:

- Supporting pupils with medical conditions during school hours is not the sole responsibility of 1 person. Any member of staff may be asked to provide support to pupils with medical conditions, although they will not be required to do so. This includes the administration of medicines.
- Take on the responsibility to support pupils with medical conditions and will receive sufficient and suitable training, to achieve the necessary level of competency before doing so.
- Considering the needs of pupils with medical conditions that they teach. All staff will know what to do and respond accordingly when they become aware that a pupil with a medical condition needs help.

5.0 Parents/carers

Parents/carers will:

- Provide the school with sufficient and up-to-date information about their child's medical needs
- Be involved in the development and review of their child's care plans and be involved in its drafting
- Carry out any action they have agreed to as part of the implementation of the care plan, e.g. provide medicines and equipment, and ensure they or another nominated adult are contactable at all times

6.0 Pupils

- Pupils with medical conditions such as asthma will often be best placed to provide information about how their condition affects them.
- Pupils should be fully involved in discussions about their medical support needs and contribute as much as possible to the development of their care plans where appropriate and possible. They are also expected to comply with their care plans.

7.0 School nurses and other healthcare professionals

- School nursing services will notify the school when a pupil has been identified as having a medical condition that will require support in school.
- This will be before the pupil starts school, wherever possible. They may also support staff to implement a child's care plan.
- Healthcare professionals, such as GPs and paediatricians, will liaise with the school's nurses and notify them of any pupils identified as having a medical condition. They may also provide advice on developing care plans.

8.0 Equal Opportunities for pupils

- Our school is clear about the need to actively support pupils with medical conditions to participate in school trips and visits, or in sporting activities, and not prevent them from doing so.
- The school will consider what reasonable adjustments need to be made to enable these pupils to participate fully and safely on school trips, visits and sporting activities.
- Risk assessments will be carried out so that planning arrangements take account of any steps needed to ensure that pupils with medical conditions are included. In doing so, pupils, their parents/carers and any relevant healthcare professionals will be consulted.

9.0 Being notified that a child has a medical condition

- When the school is notified that a pupil has a medical condition, the process outlined below will be followed to decide whether the pupil requires a care plan.
- The school will make every effort to ensure that arrangements are put into place within 2 weeks, or by the beginning of the relevant term for pupils who are new to our school.

10.0 Individual Care Plans

- The headteacher has overall responsibility for the development of care plans for pupils with medical conditions.
- Plans will be reviewed at least annually, or earlier if there is evidence that the pupil's needs have changed.
- Plans will be developed with the pupil's best interests in mind and will set out:

- What needs to be done

-When

-By whom

- Not all pupils with a medical condition will require a care plan. It will be agreed with a healthcare professional and the parents/carers when a care plan would be inappropriate or disproportionate. This will be based on evidence. If there is no consensus, the headteacher will make the final decision.
- Asthma is a medical condition which will require a care plan.
- Plans will be drawn up in partnership with the school, parents/carers and a relevant healthcare professional, such as the school nurse, specialist or paediatrician, who can best advise on the pupil's specific needs. The pupil will be involved wherever appropriate.
- Care Plans will be linked to, or become part of, any education, health and care (EHC) plan. If a pupil has special educational needs (SEND) but does not have an EHC plan, the SEN will be mentioned in the care plan.
- The level of detail in the plan will depend on the complexity of the child's condition and how much support is needed. The governing board and the headteacher / role of the individual with responsibility for developing care plans, will consider the following when deciding what information to record on IHPs:
 - The medical condition, its triggers, signs, symptoms and treatments
 - The pupil's resulting needs, including medication (dose, side effects and storage) and other treatments, time, facilities, equipment, testing, access to food and drink where this is used to manage their condition, dietary requirements and environmental issues, e.g. crowded corridors, travel time between lessons
 - Specific support for the pupil's educational, social and emotional needs. For example, how absences will be managed, requirements for extra time to complete exams, use of rest periods or additional support in catching up with lessons, counselling sessions
 - The level of support needed, including in emergencies. If a pupil is self-managing their medication, this will be clearly stated with appropriate arrangements for monitoring
 - Who will provide this support, their training needs, expectations of their role and confirmation of proficiency to provide support for the pupil's medical condition from a healthcare professional, and cover arrangements for when they are unavailable
 - Who in the school needs to be aware of the pupil's condition and the support required
 - Arrangements for written permission from parents/carers and the headteacher for medication to be administered by a member of staff, or self-administered by the pupil during school hours
 - Separate arrangements or procedures required for school trips or other school activities outside of the normal school timetable that will ensure the pupil can participate, e.g. risk assessments
 - Where confidentiality issues are raised by the parent/carer or pupil, the designated individuals to be entrusted with information about the pupil's condition
 - What to do in an emergency, including who to contact and contingency arrangements

11.0 Managing Medicines

11.1 Prescription and non-prescription medicines will only be administered at school:

> When it would be detrimental to the pupil's health or school attendance not to do so and

> Where we have parents/carers' written consent

11.2 The only exception to this is where the medicine has been prescribed to the pupil without the knowledge of the parents/carers.

- Pupils under 16 will not be given medicine containing aspirin unless prescribed by a doctor.
- Anyone giving a pupil any medication (for example, for pain relief) will first check maximum dosages and when the previous dosage was taken. Parents/carers will always be informed.

11.3 The school will only accept prescribed medicines that are:

> In-date

- > Labelled
- Provided in the original container, as dispensed by the pharmacist, and include instructions for administration, dosage and storage

11.4 The school will accept insulin that is inside an insulin pen or pump rather than its original container, but it must be in date.

11.5 All medicines will be stored safely. Pupils will be informed about where their medicines are at all times and be able to access them immediately. Medicines and devices such as asthma inhalers, blood glucose testing meters and adrenaline pens will always be readily available to pupils and not locked away.

11.6 Medicines will be returned to parents/carers to arrange for safe disposal when no longer required.

12.0 Controlled drugs

12.1<u>Controlled drugs</u> are prescription medicines that are controlled under the <u>Misuse of Drugs</u> <u>Regulations 2001</u> and subsequent amendments, such as morphine or methadone.

12.2 A pupil who has been prescribed a controlled drug may have it in their possession if they are competent to do so, but they must not pass it to another pupil to use. All other controlled drugs are kept in a secure cupboard in the school office and only named staff have access.

12.3 Controlled drugs will be easily accessible in an emergency and a record of any doses used and the amount held will be kept.

13.0 Pupils managing their own needs

13.1 Pupils who are competent will be encouraged to take responsibility for managing their own medicines and procedures. This will be discussed with parents/carers and it will be reflected in their care plans.

13.2 Pupils will be allowed to carry their own medicines and relevant devices wherever possible. Staff will not force a pupil to take a medicine or carry out a necessary procedure if they refuse, but will follow the procedure agreed in the care plan and inform parents/carers so that an alternative option can be considered, if necessary.

14.0 Unacceptable practice

14.1 School staff should use their discretion and judge each case individually with reference to the pupil's care plan, but it is generally not acceptable to:

- Prevent pupils from easily accessing their inhalers and medication, and administering their medication when and where necessary
- Assume that every pupil with the same condition requires the same treatment
- Ignore the views of the pupil or their parents/carers
- Ignore medical evidence or opinion (although this may be challenged)
- Send children with medical conditions home frequently for reasons associated with their medical condition or prevent them from staying for normal school activities, including lunch, unless this is specified in their IHPs
- If the pupil becomes ill, send them to the school office or medical room unaccompanied or with someone unsuitable
- Penalise pupils for their attendance record if their absences are related to their medical condition, e.g. hospital appointments
- Prevent pupils from drinking, eating or taking toilet or other breaks whenever they need to in order to manage their medical condition effectively
- Require parents/carers, or otherwise make them feel obliged, to attend school to administer medication or provide medical support to their pupil, including with toileting issues. No parent/carer should have to give up working because the school is failing to support their child's medical needs
- Prevent pupils from participating, or create unnecessary barriers to pupils participating in any aspect of school life, including school trips, e.g. by requiring parents/carers to accompany their child
- Administer, or ask pupils to administer, medicine in school toilets

15.0 Emergency procedures

15.1 Staff will follow the school's normal emergency procedures (for example, calling 999). All pupils' care plans will clearly set out what constitutes an emergency and will explain what to do.

15.2 If a pupil needs to be taken to hospital, staff will stay with the pupil until the parent/carer arrives, or accompany the pupil to hospital by ambulance.

16.0 Training

16.1 Staff who are responsible for supporting pupils with medical needs will receive suitable and sufficient training to do so.

16.2 The training will be identified during the development or review of care plans. Staff who provide support to pupils with medical conditions will be included in meetings where this is discussed.

16.3 The relevant healthcare professionals will lead on identifying the type and level of training required and will agree this with the headteacher / designated leader. Training will be kept up to date.

Training will:

- Be sufficient to ensure that staff are competent and have confidence in their ability to support the pupils
- Fulfil the requirements in the care plans
- Help staff to have an understanding of the specific medical conditions they are being asked to deal with, their implications and preventative measures

16.4 Healthcare professionals will provide confirmation of the proficiency of staff in a medical procedure, or in providing medication.

16.5 All staff will receive training so that they are aware of this policy and understand their role in implementing it, for example, with preventative and emergency measures so they can recognise and act quickly when a problem occurs. This will be provided for new staff during their induction.

17.0 Record keeping

17.1 The governing board will ensure that written records are kept of all medicine administered to pupils for as long as these pupils are at the school. Parents/carers will be informed if their pupil has been unwell at school.

17.2 Care plans are kept in a readily accessible place that all staff are aware of.

18.0. Liability and indemnity

18.1 The governing board will ensure that the appropriate level of insurance is in place and appropriately reflects the school's level of risk. The details of the school's insurance policy are:

19.0 Complaints

19.1 Parents/carers with a complaint about the school's actions in regard to their child's medical condition should discuss these directly with the headteacher in the first instance. If the headteacher cannot resolve the matter, they will direct parents/carers to the school's complaints procedure.

20.0 Monitoring and review

20.1 The implementation of this policy is monitored by the Senior Leadership Team, Headteacher and Governors. It is reviewed every two years.

Appendix 1: Being notified a child has a medical condition

