



PSHE and RSE Vision Statement – Sheffield Lower School

A child's social, emotional and mental wellbeing is at the heart of what we do at Sheffield Lower School. PSHE is at the centre of our curriculum and an anchor for ensuring that children learn and thrive in an environment that they feel happy and safe in.

PSHE provision within our school is taught through weekly lessons and regular check ins with our children; including focused circle times that follow the statutory framework for PSHE and RSE.

We cover a wide range of the social and emotional aspects of learning, enabling children to develop their identity and self-esteem as active, confident members of their community. The themes and topics support social, moral, spiritual and cultural development and provide children with protective teaching on essential safeguarding issues, developing their knowledge of when and how they can ask for help.

Children will learn how to stay safe and healthy, build and maintain successful relationships and become active citizens, responsibly participating in society around them. Lessons are designed to ensure that children see each and everybody's value in society, from appreciation of others in units such as British Values, to promoting strong and positive views of themselves and others around them.

Our RSE coverage follows the statutory requirements for relationship and sex education that have been in place since September 2021. This enables pupils to understand the importance of positive and healthy relationships and changes of the body as they move into year 4.

Sheffield Lower School prides itself on its commitment to all our children's well-being as we acknowledge that children with good well-being achieve better academically. This dedication to our PSHE and RSE programme, taken from our coherence documents, ensure that children grow up to be positive role models who can hold healthy relationships with others and contribute positively to society.