Year 1 Art and DT



Spring Food Technology			
Values: friendship, understanding,	respect		
Prior Learning/First steps: Chn would have tried a range of foods linked to a range of different cultures from all around the			
world. They would have completed simple baking tasks with a lot of adult support and guidance.			
INTENT	IMPLEMENTATION	ІМРАСТ	
KNOWLEDGE - Understand where food comes from. -Group familiar food products e.g. fruit and vegetables.	ACTIVITIES - Discuss where different foods come from. -Discuss how familiar foods can be grouped. -Discuss what healthy/unhealthy foods. - Demonstrate basic food hygiene. - Chn to taste different fruits and vegetables, stating what their opinions and what they might use them for. -Chn to design a sandwich or meal for a fictional character linked to topic. -Chn to make a simple dish. -Chn to taste and evaluate WWW and EBI.	OUTCOMES PUPILS will know -Where food comes from. will be able to -Group familiar food products together. -Prepare a simple dish by cutting ingredients safely. -Discuss which foods they enjoy or dislike. -Design, make and evaluate their food. will understand -Understand the importance of basic food hygiene.	
VOCABULARY Cut, knife, food hygiene, fruit, vegetables, meat, healthy, unhealthy, body, mouth, teeth, menu, taste, smell, touch, sight, texture,	READING OPPORTUNITIES	NEXT STEPS IN LEARNING - Group foods into the five groups in the Eatwell Plate. - Cut, grate or peel ingredients safely. - Measure or weigh using cups or electronic scales.	
SKILLS • Cut ingredients safely. • Prepare simple dishes – safely and hygienically – without using a heat source.	CHALLENGE: Discuss different textures and tastes and how they change the food. Chn could experiment and discuss which foods go well together and which don't. They could design a meal of multiple courses to suit their character. SUPPORT: Remind pupils of food hygiene. Practise using knives (e.g. for buttering, cutting etc) before starting. Work with an adult in a small group, if needed.	NC LINKSAs part of their work with food, pupils should be taught how to cook and apply the principles of nutrition and healthy eating. Instilling a love of cooking in pupils will also open a door to one of the great expressions of human creativity. Learning how to cook is a crucial life skill that enables pupils to feed themselves and others affordably and well, now and in later life.Pupils should be taught how to:• use the basic principles of a healthy and varied diet to prepare dishes • understand where food comes from	

ASSESSMENT OPPORTUNITIES	PREPARATION FOR ADULTHOOD:
Are pupils able to explain what foods they	As adults, chn should make healthy
like/don't like?	food choices.
Are pupils able to plan a healthy meal/food?	They will know how to safely prepare a
Can they explain where each item of food	healthy meal for themselves and
comes from?	others.
Can they use equipment safely and easily?	They will enjoy food and have a healthy
	relationship with it, and understand the
	health benefits for their bodies.

<u>LINKS</u>

History – famous people from the past.

Maths - Measuring

<u>SMSC</u>

Spiritual – Explore creativity through product design · Explore emotions through design development · Reflection time to access own ideas · Use imagination in individual work and group work · Appreciation of beauty through discovery of materials and design

Moral – Encourage respect for others and their work · Work cooperatively · Encourage respect in classroom environment · Encourage respect for equipment · Promote trust · Encourage sustainability through recycling and Upcycling **Social** – Promote a sense of community · Encourage independence and self-respect · Celebrate success with displays and exhibitions · Encourage group/class discussion · Promote group work and accept roles within a group **Cultural** - Appreciate how culture influences design · Explore a range of materials and equipment used by different

cultures \cdot Gain inspiration though visiting exhibitions \cdot Respect diversity of cultural values and beliefs