



## Weekly Update

### Friday 1st July 2022



Please email [schooloffice@shefford.cbeds.co.uk](mailto:schooloffice@shefford.cbeds.co.uk) if you require support in accessing this newsletter in an alternative format.

Dear Families and Friends,

This week we have been seeing the children outside more as they practice for their sporting events. By now you will have received a parentmail to provide you with the details of your child's event. We of course, are absolutely delighted to be able to offer you this opportunity in person and intend to fully celebrate with the children.

Captains of each team traditionally lead our banners out and chant for their house, with the aim of accumulating points for their team, and winning the overall trophy in our end of year assembly.

Today, as I write, we are having our 'shuffle up' day. Children in year 4 are moving up to experience a day at Robert Bloomfield. Whilst the rest of our school meet their teachers in their new rooms. There is an opportunity at the end of the day to meet your child's new teacher. Your child will know where to take you, but we will be on hand to support you with directions.

This week we received an email from the town council with a photo of the pull up posts which have been installed. This is part of inclusive arrangements to help people up from the benches. Our Eco Councillors sent in their hand paintings, and these have been reproduced on the poles to indicate what the poles are for. Please enjoy taking a walk and look.



Thursday was our year 3 '*Something for the Summer*' Sing UP event. Year 3 always practise hard for this throughout the year, and join with a number of other schools to perform. This is usually held in Bedford Corn Exchange, however, at the time of organising last Autumn, the music team at the local authority had all of the Covid restrictions to contend with. The weather really let us all down, but our children were amazing. They have never let a bit of wet deter them. The event at Houghton Hall was a super opportunity to be together again, and we were delighted that families were able to come and see the performance after all the children's hard efforts.

Over the past few weeks, teachers have been hard at it, writing reports in amongst the fun of Summer term. I know you will join me in thanking the wonderful team here at Sheffield Lower. Reading through each report, I also know the efforts that have gone in at home to make this first full year as successful as it has been. Thank you for partnering with us so well, as making lots of suggestions to help us continually improve the offer that we are all so proud of.

With regards

Pamela Finch

## Values

The values of July will be Happiness & Hope

*"It's the moments that I just stopped to be that I have been the happiest."* Sir Richard Branson

Looking forward to the future. Understanding optimism and looking for the best as we move forward. Reflecting on how to keep ourselves and others happy.

### House Points

**Water—1530**

**Air—1190**

**Fire—989**

**Earth—969**

### House Points and Attendance

W/E 24/07/22

Well done to last week's house winners.



### House Attendance & Punctuality

Winner

**Water**

## Safeguarding Information

At Shefford Lower School we take our responsibilities to promote safeguarding the welfare of all children seriously. The designated persons for safeguarding children is the Headteacher who can be contacted via the school office on 01462 629123

Please find useful information updated weekly

### Mythbuster

**Myth:** "It's up to me if I smack my child to punish them."

**Buster:** This will always be investigated and recorded on \*CPOMS by schools, because the law forbids smacking except in exceptional circumstances. EG: If the violence you use is severe enough to leave a mark, a scratch or a bruise, you can be prosecuted for assault.

\*Child Protection Online Management System

If you are concerned about a child outside of school you can phone 999 in an emergency or 101 to make a report. The NSPCC operated an urgent helpline on 0808800500



Shefford Museum and Gallery is growing fast at Shefford Lower School. It features copies of some of the most famous paintings in the world and authentic historical and natural history artefacts. We would like to share a

different exhibit each week in the news letter. This week's featured exhibit is



### Starry Night

1889 AD Painted by: Vincent Van Gogh (1853—1890)

Vincent Van Gogh was in a hospital for people who had trouble knowing what was real and what wasn't. He painted this painting which was a view from his window with an imaginary village included. The dark shape in the foreground is a cedar tree. The stars represent real constellations. Van Gogh had seen a painting called 'The Great Wave' by Japanese artist Hokusai and was inspired by it. Can you see the wave shape in the sky? The painting is considered 'post-impressionist', a type of Modern Art.

Modern Art 1870 - 1946

Post-impressionism is a form of Modern Art



Van Gogh was a Dutch Painter



**NHS Healthy  
Scanner App**

### Lunchbox tips



#### Ever green

Always add salad to sandwiches and wraps too – it all counts towards your child's 5 A Day!



Tuna and bean salad

For this recipe please follow this link

[Lunchbox](#)

[Recipe](#)

### Sports Days

#### 5th July—EYFS Mini-beast Movers Sports Activity Afternoon

parents to collect them **between 2pm - 2.15pm** and then go to the field to complete the activities with them

#### 6th July—Year 1 & 2 Sports Afternoon & 7th July—Year 3 & 4 Sports Afternoon

Sports days will begin at 1.30pm and we aim to be finished by 3.00pm on both days. Children will be returned to classes after the running races are finished and then can be picked up from their usual classroom doors. Siblings can also be collected after the events have finished.

Children can come to school wearing PE kit on their sports day and should have a t-shirt to represent their house colour.

We look forward to welcoming you back to school to join us for these events.



Thank you for your kind donations so far. We have added some more items to our Amazon wish list that will greatly benefit your children with their learning this year. If you would like to purchase a book for our school please click [here](#)

### Weekly Good News Calls

Here are the children whose parents and carers have received a phone call home this week to let them know how well their child has been working and showing their school values. Keep up the good work Shefford Lower.

#### Reception

Peach—Macie, Pear—Ruby, Plum—Belle

#### Year 1

Chestnut—Katie, Holly—Alice, Sycamore—Mia

#### Year 2

Oak—Felicity, Maple—Millie, Willow—Amelia

#### Year 3

Hawthorn—Izzy, Cedar—Lola, Elm—Poppy

#### Year 4

Hazel—Matthew, Beech—Bailey, Ash—Harrison



Congratulations to the children below who have been recognised as a Finer Diner this week for displaying good manners and values at lunchtime

EXCUSE ME

#### Reception

George

#### Year 1

Thomas, Eva, Freddie, Mia W, Esmae, Mia

#### Year 2

Kiera, Louie, Freddie, Olivia, Daisy, Jessica, Lana, Kiarno

#### Year 3

Giovanni, Paige, Remy

#### Year 4

Myla, Shae, Harry, Max, Lilly, Tristan



## Shefford Sporting Successes

We celebrate children's sporting successes from home as well as those in school. Please send us photos of your child's certificates and/or medals which will be displayed on our PE celebration board and celebrated in assembly. Well done to these children who have shared their sporting success this week.

### Air House

Alexandra—Swimming, Poppy—Swimming, Laila—Swimming, Isla—Football,  
Anuradha—Swimming, Freddie—Football, Libby—Taekwondo

### Earth House

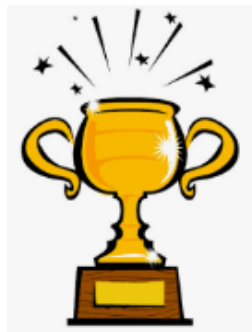
Layton—Swimming, Sidney—Football, Max—Basketball, Lilly—Gymnastics,  
Heidi—Swimming, Lizzie—Swimming, Jessica—Dance

### Fire House

Grace—Musical Theatre/Dance, Freddie—Football, Oscar—Football, Jack—Football,  
Ayaz—Football, Thomas—Football, Anella—Swimming, Althea—Swimming

### Water House

Georgia—Dance, Charlotte—Football, Archie—Basketball, Edward—Football,  
Freya—Dance, Bobby—Football, Eden—Football, Chloe—Swimming







# Shefford Lower School Summer Holiday Club

*For children who attend Shefford Lower in Years 1- 4*



**Monday 25th July—29th July**

**9.00am - 3.30pm**

**Individual days can be booked**

*Numbers are limited to 30 children per day on a first come first served basis.*

**£18.00 per day**

**£12.00 per sibling**

## **BOOK NOW !**

Booking forms are available on Parent Mail or paper copies can be collected from the School Office.

# Shefford Lower School PSA



To get involved and find out more about what we do or how you could help, please get in touch. If you see us around school, come up and say hello!

Please contact the school office on **01462 629123** or email **[schooloffice@shefford.cbeds.co.uk](mailto:schooloffice@shefford.cbeds.co.uk)** T

The office will pass your details onto the Committee who will be in touch with you to discuss how you could help.



WHY NOT COME ALONG TO OUR NEXT MEETING?

Wednesday 20<sup>th</sup> July 2022 (7.30pm for a 7.45 start)  
At Shefford Lower School (via the main entrance)





# Community News

**Please note, the following events/activities are run independently of Shefford Lower.**



**NIGHT AT THE MUSICALS**

5<sup>TH</sup> - 8<sup>TH</sup> JULY 2022  
AT 7PM SWA MAIN HALL

£7 ADULTS • £5 CONCESSION  
Speak to a member of the cast for an exclusive discount code for 25% off.  
For tickets please scan the QR code on the right or visit [www.ticketsource.co.uk/swaconcert](http://www.ticketsource.co.uk/swaconcert)



**JUBILEE CAKE DECORATING COMPETITION**

**Children's competition**  
Up to 10 years - 3 decorated cupcakes (Jubilee themed)  
11 to 15 years - 3 decorated cupcakes (Jubilee themed)

**Adults' competition**  
Decorated cake - max. 8-inch square or round cake (Jubilee themed)

**SATURDAY 16TH JULY**  
ENTRIES TO ST MICHAEL'S CHURCH AT 2PM  
WINNERS WILL BE ANNOUNCED AT 3:45PM

For more details, please contact Amanda via 07768 042860 or [sheffordwi@gmail.com](mailto:sheffordwi@gmail.com)



**SHEFFORD PRINCE AND PRINCESSES**

Invite you to join them at the crowning of the 2022/23 Prince and Princesses.

Are you age 5-13 years?  
Do you live in Shefford or attend Shefford Lower School or Robert Bloomfield Academy?  
Do you want to be the Shefford Prince or Princess?  
Email in your application form to enter.

The crowning ceremony on Saturday 16<sup>th</sup> July will be held at 4pm following the registration and judging which starts at 2pm.

The event will be held on the lawns of St. Michael and All Angels Church Shefford in conjunction with the Jubilee Summer Fun Day.

For further information, queries or application forms please contact Sarah Potter 07929113728 / [itsallbizarre@hotmail.co.uk](mailto:itsallbizarre@hotmail.co.uk)

Please find the application form attached to the parent-mail with the newsletter or requested by emailing [itsallbizarre@hotmail.co.uk](mailto:itsallbizarre@hotmail.co.uk)



**Revs and Rhythms**

CLASSIC VEHICLES & LIVE MUSIC  
SATURDAY 23RD JULY 2022 3PM  
At Robert Bloomfield Academy SHEFFORD, Beds

**LIVE MUSIC FROM 3PM TO DUSK**  
THE RHYTHMS & BLUES BAND  
CORRUPTION & MORE

For more info contact:  
Email: [revsandrhythmshefford@virginmedia.com](mailto:revsandrhythmshefford@virginmedia.com)  
Satnav: SG17 5BU

For all the family... Food stands & bar or bring a picnic

**f Revsandrhythms Shefford**  
VEHICLES OVER 20 YEARS OLD WELCOME  
NEWER CLASSICS AT ORGANISER'S DISCRETION

Public Parking on site

Entry £2 over 16's



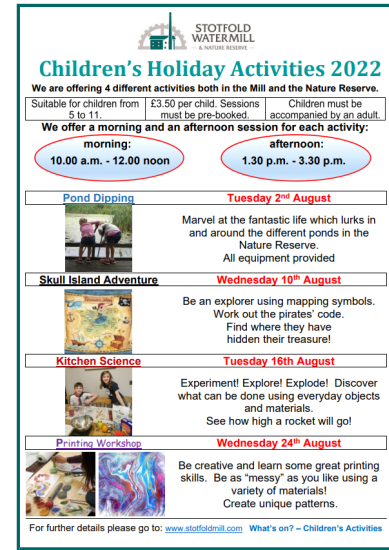
**PREMIER HOLIDAY CAMPS**

Summer of Fun!

Premier Education INSPIRING ACTIVITY

SCAN HERE TO FIND YOUR NEAREST CAMP  
or visit [premier-education.com/holiday-camps](http://premier-education.com/holiday-camps)

Trustpilot 5 stars



**Children's Holiday Activities 2022**

We are offering 4 different activities both in the Mill and the Nature Reserve.

Suitable for children from 5 to 11. £3.50 per child. Sessions must be pre-booked. Children must be accompanied by an adult.

We offer a morning and an afternoon session for each activity:

**morning:** 10.00 a.m. - 12.00 noon  
**afternoon:** 1.30 p.m. - 3.30 p.m.

**Pond Dipping** Tuesday 2<sup>nd</sup> August  
Marvel at the fantastic life which lurks in and around the different ponds in the Nature Reserve. All equipment provided.

**Skull Island Adventure** Wednesday 10<sup>th</sup> August  
Be an explorer using mapping symbols. Work out the pirates' code. Find where they have hidden their treasure!

**Kitchen Science** Tuesday 16<sup>th</sup> August  
Experiment! Explore! Explode! Discover what can be done using everyday objects and materials. See how high a rocket will go!

**Printing Workshop** Wednesday 24<sup>th</sup> August  
Be creative and learn some great printing skills. Be as 'messy' as you like using a variety of materials! Create unique patterns.

For further details please go to: [www.stotfoldmill.com](http://www.stotfoldmill.com) What's on? - Children's Activities




**SUMMER HOLIDAY FOOTBALL CAMPS**

Camp 1 Date: 26<sup>th</sup> - 28<sup>th</sup> July  
Camp 2 Date: 16<sup>th</sup> - 18<sup>th</sup> August  
Camp 3 Date: 30<sup>th</sup> Aug - 1<sup>st</sup> September  
Venue: Pendleton Sports Centre, Stotfold  
Days: Tuesday, Wednesday and Thursday  
Age: 4 - 16 Years  
Cost: £25-£60  
Extra 10% off if booked using the Early Bird Discount (can also be used with other codes)

Delivered by UEFA B and Licensed Coaches

Safe, Fun & Creative Environment.

Official Sponsor **Evolution Tree Works Services Ltd**

Partners: SBS, Dan Gaze Support Services, etc.

Central  
Bedfordshire

### Parenting Insight

Opportunity to ask questions, gain information, advice, and guidance on supporting Primary aged children with school anxiety



Guest Speaker Chloe Lovell

Emotional Health and Wellbeing Practitioner

Parent session Thursday 7<sup>th</sup> July 2022  
4.30 – 5.30pm

Free to attend via Microsoft Teams

<https://www.eventbrite.co.uk/e/374221315027>

Register for you place via the Eventbrite link below  
Resources will be sent out after each session

Organised by the CBC North Localities Early Help Teams:

For more information, please contact

North Early Help [northeearlyhelp@centralbedfordshire.gov.uk](mailto:northeearlyhelp@centralbedfordshire.gov.uk)

Central  
Bedfordshire

### Parenting Insight

Opportunity to ask questions, gain information, advice, and guidance on supporting Secondary aged children with school anxiety



Guest Speaker Chloe Lovell

Emotional Health and Wellbeing Practitioner

Parent session Monday 11<sup>th</sup> July 2022  
4.30 – 5.30pm

Free to attend via Microsoft Teams

<https://www.eventbrite.co.uk/e/374222759347>

Register for you place via the Eventbrite link below  
Resources will be sent out after each session

Organised by the CBC North Localities Early Help Teams:

For more information, please contact

North Early Help [northeearlyhelp@centralbedfordshire.gov.uk](mailto:northeearlyhelp@centralbedfordshire.gov.uk)

### Shefford and Stotfold Children's Centre

## INTRODUCTION TO FIRST AID FOR PARENTS

This is a basic first aid course for parents or carers of babies and young children. It covers all of the essentials like CPR and dealing with a choking casualty.

**Saturday 9th July**

**9.30am - 11.30am**

**Shefford and Stotfold**

**Children's Centre**

**School Lane,**

**Shefford,**

**SG17 5XA**

**Booking is essential.**

**Please contact Shefford**

**and Stotfold Childrens**

**Centre for availability.**

**Phone: 0300 300 8112**



**BEDFORDSHIRE DOMESTIC ABUSE PARTNERSHIP**

**IT DOESN'T HURT TO ASK FOR HELP!**

## Safe Space

### What is a Safe Space?

- a place for you to go if you need to access support
- a place where you can contact a domestic abuse support service who will be able to help you safely

For more information, speak to a member of staff or contact [BDAP@centralbedfordshire.gov.uk](mailto:BDAP@centralbedfordshire.gov.uk)

  @bedsdv  
[bedsdv.org.uk](http://bedsdv.org.uk)



# Shefford Lower School

## Diary Dates

(further dates will be added and these will be in bold italics)

### 2022 Upcoming Dates

5th July	Early Years Sports Afternoon—from 2pm
6th July	Year 1 and 2 Sports Afternoon—from 1.30pm
7th July	Year 3 and 4 Sports Afternoon—from 1.30pm
8th July	SEND transition coffee morning—9am-10am—held by Miss Robinson
12th July	End of year music concert
13th July	Year 3 Cake Sale—raising money for Smiles
19th July	Year 4 leavers performance—Dress rehearsal
19th July	Year 4 leavers disco
20th July	Year 4 leavers performance
22nd July	Last Day of Term
25th—29th July	Mr Tilbury's Holiday Club—Parentmail form available to book
5th September	2022/2023 School Year Begins

**Moving to become a primary as part of Central Bedfordshire's Schools For The Future project.**

<https://www.schoolsforthefuture.co.uk/>

To find Shefford Lower's Academic Calendar for 2021/2022 and 2022/2023 please refer to our website

[Term Dates Link](#)

Please note this will be different to the Central Bedfordshire term dates

**Drop off times—08.45—09.00am**

**Collection times—3.20pm**

**The school office will be open from 8.30am to 3.45pm for any queries, please call 01462 629123 or email**

[schooloffice@shefford.cbbeds.co.uk](mailto:schooloffice@shefford.cbbeds.co.uk)