



Weekly Update

Friday 13th November



Dear Families and Friends,

The power of technology has meant that all of our children could see the events in town on Remembrance



Day 11.11.2020. We even took some photos from our computer—which is why they are a little bit pixelated. Our pupil Parliament, and our winning house leaders for Earth House, were invited to



walk into town with Mrs Pearson and Mr Johnson. Once there, the children joined our town mayor to hoist the flag on the town hall. We extend our thanks for the invitation to participate. One gentleman took the time to explain his medals to the children, which you see in the screen shot we took, above.

Children in year 4 have been doing some wonderful work with mosaics and using Scratch on the computers. I also had the pleasure of stepping into our ukulele lessons in year 3. In year 2, I have seen the children working in Geography to learn about the British Isles, and think about the capital cities of all 4 countries. Year 1 children have been learning about how transport has changed over time, and this made me think of how much car seats have changed too!



We have been delighted to have Rosco in school, and he has had a few visits to some classroom doors. He is already a firm favourite with the children. Rosco is Mrs Hall's dog. He has had lots of training to be allowed in school, and a long risk assessment. The children have had tuition in how to greet Rosco, from The Dogs Trust. He is therefore our school mascot. Other dogs are not permitted on school site.

I have been able to be outside during drop offs on some occasions now, and I am very pleased with how parents are walking, keeping the space in front of them at a 2 meter social distance, when I have been outside. You will have seen my letter regarding some school year closures in Shefford, and I therefore ask that our users keep to all of our measures and if possible, wear masks where you can.

We have left it a very long time, but have had to decide to alter the Frontier trip as planned for March. All is not lost though, and we are making enquiries with Rock UK about moving the trip to later in the year, or changing the trip. It is our determination to keep as much of this trip as we can. We will keep you informed.

Our Christmas action plan is nearly complete, and I will communicate this with you next week, along with our very special nativity event for the children.

Have a wonderful weekend,

Mrs Finch

Values

The values from 19th October — 13th November are **Tolerance and Friendship**

"A day without a friend is like a pot without a single drop of honey left inside it" Winnie the Pooh by
A.A Milne

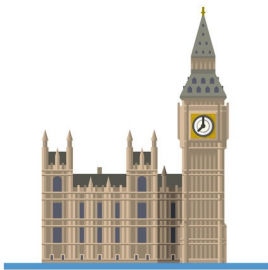
Tolerance is understanding, rather than 'putting up with'. Exploring building supportive and trusting networks and knowing who to talk to. This will also be supported in Anti-Bullying week.

Flu E-consent Form

Just a reminder that the deadline for flu immunisation e-consent forms is **5.00pm on Tuesday 24th November**. The form can be found here <https://immsconsent.eput.nhs.uk/FluConsent/Form1/#!/Page1>. The 'School URN' that it asks for is **109479**.

If you have difficulties opening the link please try an alternative device or contact the team on 0300 790 0594.

Please see the letter attached to this ParentMail for more information.



School Parliament

Congratulations to Abhinaya in Hawthorn who has been voted to stand as Prime Minister and Matthew B in Ash who has been voted as Deputy Prime Minister for our School Parliament.

Shefford Sporting Successes

We celebrate children's sporting successes from home as well as those in school. Please send us photos of your child's certificates and medals which will be displayed on our PE celebration board., We know that most sports clubs won't be going ahead for a while but please can parents still send in any ways that children are keeping active at home so that we can celebrate this!

Congratulations to the following children:

Year 3

Evie E— Passed her Beginner Bronze Certificate in Baton Twirling. She can now train with the England squad (on Zoom)!

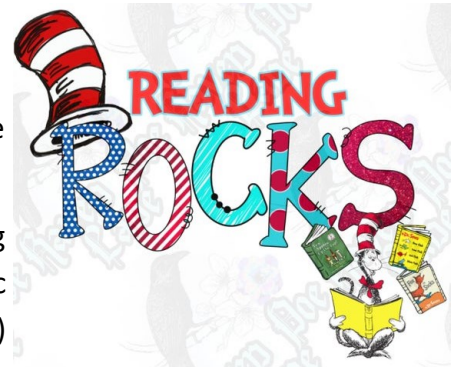
Well Done!

Well done to Amia N in Ash who received a Blue Peter badge for her account of a day out feeding animals at the farm!



Useful websites and tips for reading with your child:

- Act Out the Story—Bring the story to life by acting it out and role playing together.
- Carve Out Time for Reading—Balance screen time with reading time, daily. Consider allowing children to read on an electronic device (preferably without access to games or other distractions) once in a while to show them how to value all types of reading.
- Use Their Imagination - When you're together at the dinner table or in the car, start a story of your own and challenge them to add to it with their creativity.



Amazon Wish List

We are very excited to announce that we have created a Wish List on Amazon which contains carefully selected books and resources which we know will greatly benefit your children with their learning this year. If you wish to purchase a book for our school, please use the link below to find the full list:



https://www.amazon.co.uk/hz/wishlist/ls/2ZZUJD59NIDQ7/?ref=nav_wishlist_lists_1?encoding=UTF8&type=wishlist#

This list is updated by staff throughout the year and can be accessed by anyone. We've made it really easy to donate a book to the school:

You can choose to get the books delivered directly to the school office or if you wish you can add it to your personal shopping and simply bring it in.

Thank you so much for your help with this matter. Your donations will be gratefully received and the children will benefit massively.



Phone Calls Home

Teachers will be making phone calls home every week to let parents and carers know how well their child has been working and for showing school values! Keep up the good work Shefford Lower!

W/C 02/11/20



Reception

Peach — Ezmee G

Pear — Logan M

Plum — Freddie C



Year 1

Chestnut — Luca H

Holly — Jack R

Sycamore — Bradley O



Year 2

Maple — Izzy C

Oak — Leeia-Mae W

Willow —

Year 3

Cedar — Kairo P-S

Elm — Faith M

Hawthorn — Leo B

Year 4

Ash — Harry D

Beech — Ella P

Hazel — Sophie R



PSA News

Next meeting – Wednesday 25 November @ 7.30 (online)

Do you want to share ideas, discuss and plan future fundraising events to support the school? Join us at our next meeting by contacting us through our Facebook page or calling the school office.

Upcoming events

Virtual Book Fair

We hope you have all enjoyed the virtual book fair this week – Thank you to everyone who has already placed an order. If you haven't yet then there is still time, the fair won't close until 10pm on Sunday 15 November.

Remember each of the specially selected Offers of the Day are all still available to purchase until Sunday. These include Fingerprint activity books, a wide range of Minis which are perfect for stocking fillers and also a wonderful collection of fiction books perfect for curling up with for a bedtime story.

There is also still time for your child to participate in the Design a Bookmark competition – please email all entries to emmaspopupbookshop@hotmail.com by Sunday 15 November.

Christmas hamper raffle

Each student should now have received 2 books at £1 per book.

If you would like more tickets then please email the school office and they will distribute to your child.

If you do not wish to purchase tickets then please return to your class teacher.

Look out on the PSA Facebook page next week for some fabulous photos of the goodies on offer in the hampers.

A big thank you to everyone for your continued support of our PSA



If your child has:
a high temperature
a new, continuous cough, or
a loss of, or change in, sense of
smell or taste

This could be a sign of
coronavirus

Book a test

If your child has:
a runny nose, is sneezing or
feeling unwell
But they don't have:
a high temperature
a new, continuous cough, or
a loss of, or change in,
sense of smell or taste

These are
not normally symptoms of
coronavirus

Seek advice from a pharmacy, dial
111 or see your GP

parent safety measures

Walk the one way

The one way system prevents the risk of contamination from passers by, and also helps to maintain the social distancing.

Keep the distance

Covid spreads less easily if people aren't close to each other. We have marked out lines to stay behind, and a safety box at the door to keep clear. Please stay outside of the box when talking to teachers.

One adult per drop off or collection

With 500 families, keeping numbers down will help to keep you safe, reduce the infection rate and help to keep our school empty. Please do not arrive on site in twos, or threes, or with friends.

Fewer adults on site

at the same time

Our staggered timings reduce the numbers of adults on site at any one time. We know they don't fit everyone, particularly if you have several drop-offs, so please talk to us if you have exceptional challenges. We have classes using different doors, and we also request adults move on after their designated time to help us keep congestion down. We are available by phone or email to answer queries and support you.

Sanitise and hand wash

Kill the virus in its tracks by using soap or hand sanitiser, and support your child to understand the benefits of hand hygiene

Masks

If you enter the reception foyer, you will be in an enclosed space with other users. We advise you wear a mask. In all situations, please do not discard masks on the school grounds. Use bins or take them home to dispose of. We recommend contacting the office by phone or email in most circumstances.

**Thank you
for your support**



Community News

Please note, the following events/activities are run independently of Shefford Lower.



Workshop for Parents of Children Between 0 to 5 Years of Age: Building Resiliency in the Early Years

The CHUMS Family Wellbeing Team is offering a one-off virtual workshop which will explore the role of resiliency in children as they progress through the early years.

Together we will look at the importance of relationships and healthy attachment, learning from others and emotional regulation. We will explore strategies and techniques that can help build resiliency in children as well as some tips for dealing with anxiety in younger children.

If you are interested in attending this workshop please contact us on the email address below and provide parent/carer name, child's name and contact number.

Email: fwteam@chums.uk.com

PLEASE NOTE: YOU MUST BE REGISTERED WITH A GP SURGERY IN CENTRAL BEDS, LUTON OR BEDFORD BOROUGH TO ATTEND THIS WORKSHOP.

Once you have registered your interest, you will be contacted via email with more information on the workshop as well as a registration form to complete

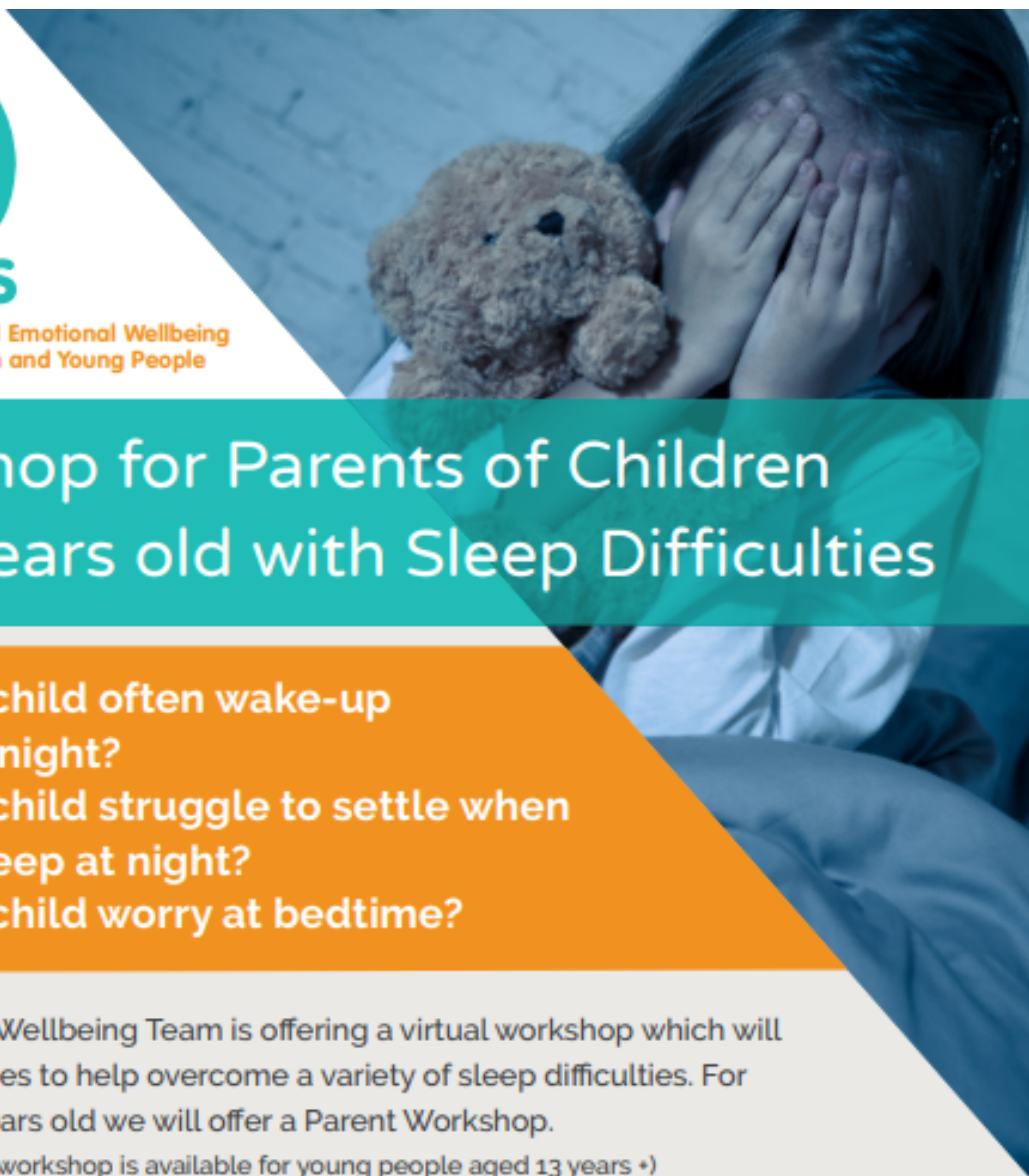
Spaces are limited so please contact us to avoid disappointment.

CHUMS Main Office: Wrest Park Enterprise Centre, Wrest Park, Silsoe, Bedfordshire, MK45 4HS.

Web: www.chums.uk.com



Mental Health and Emotional Wellbeing
Service for Children and Young People



Workshop for Parents of Children 4-12 years old with Sleep Difficulties

**Does your child often wake-up
during the night?
Does your child struggle to settle when
going to sleep at night?
Does your child worry at bedtime?**

CHUMS Family Wellbeing Team is offering a virtual workshop which will provide strategies to help overcome a variety of sleep difficulties. For children 4-12 years old we will offer a Parent Workshop.

(A separate sleep workshop is available for young people aged 13 years +)

If you are interested in attending this workshop, please contact us on the email address below and provide parent/carer name, child's name and contact number. Please also state that you are interested in the "Parent Sleep Workshop".

fwteam@chums.uk.com

Once you have registered your interest, you will be contacted via email with more information on the workshop, as well as a registration form to complete. Due to COVID-19 social distancing measures, this workshop will be delivered online.

**PLEASE NOTE: YOU MUST BE REGISTERED WITH A GP SURGERY IN
CENTRAL BEDS, LUTON OR BEDFORD BOROUGH TO ATTEND THIS WORKSHOP.**

There are limited spaces for this workshop, please contact us ASAP to avoid disappointment.

CHUMS Main Office: Wrest Park Enterprise Centre, Wrest Park, Silsoe, Bedfordshire, MK45 4HS.
www.chums.uk.com

Diary Dates

(further dates will be added and these will be in ***bold italics***)

Autumn Term 2020	
16th November	Anti-Bullying Week
16th November	Road Safety Week
26th November	Flu Immunisations for Year R, 1, 2,3 and 4
14th December	Christingle 50th Anniversary
15th December	Christmas Dinner
16th December	EYFS Parties with Santa AM
17th December	KS1 Parties with Santa AM
17th December	KS2 Parties with Santa PM
18th December	Christmas Carols End of Term