



Weekly Update

Friday 13th May 2022



Please email schooloffice@sheffield.cbeds.co.uk if you require support in accessing this newsletter in an alternative format.

Dear Family and Friends,

Thank you for your responses to our recent surveys. As many of you are aware, we prioritised wellbeing with the return from lockdown. We targeted areas through our school development plan and these have gone very well, with a strong focus on the arts and on the enjoyment within learning experiences.

Our PSA have also supported this endeavour, funding items for the playground, wildlife experiences to WOW the children and fun events such as the pantomimes.

We have invested heavily in opportunities for staff CPD, as well as time to cascade learning in order to support emotional wellbeing. Our staff team all operate as first responders, with a wider team to support group work and individualised support. This 'Vulnerable Pupil Team' is headed up by our Assistant Headteacher, Mrs Freeman. It includes our team in Poplar Room, our Family worker and Rosco.

In addition, Mr Wakefield has worked with our staff to ensure the curriculum supports mental wellbeing, and with every class having a daily check in, our pupil surveys are coming back much more positively.

More recently, we have joined a 'Behaviour Hub'. Our audit recognises the excellent behaviours in Sheffield Lower, and the superb values that our children have. Mrs Ross is heading up our work with this hub, and we aim to use this to further improve experiences for our children.

Our focus continues to be the playground, and to support children to learn to play happily. Equipment is being purchased to help with this, and the PSA are directing funds to some larger pieces—our children have helped to choose them. We also see from the responses of our children to their survey that they would like some quiet spaces and friendship benches. The PSA are taking this back to the committee. Please do join the PSA if you have a bit of time to spare. Their work is invaluable. Thank you for supporting us to continue improving on previous best.

Next week, we begin the SATs which I talked about last week. Our children seem to have enjoyed our practising, which is also part of our approach to make these low key in school.

Tidy Ted has been doing his rounds in the cloakrooms, and has also been on the gate a couple of times with me. It is easier for the children to hang up their belongings if they fit on the pegs. We ask for draw string bags, not ruck sacks, and we also ask that book bags can fit in school trays.

Our Arts and Museum open event is scheduled for June 23rd. Please keep this date free, as we have such a lot to share with you all. The children have been very excited and so are we.

Have a good weekend

Regards

Mrs Pamela Finch



Values

The values of April will be Trust & Honesty

"When in doubt tell the truth." Mark Twain

Staying true to yourself and being trustworthy. Exploring what we look for in others & how we place our trust.
Understanding the difference between lying and holding back full truth as equally dishonest.

House Points

Water—929

Air—792

Fire—755

Earth—739

House Points and Attendance

W/E 06/05/22

Well done to last week's house winners.



House Attendance & Punctuality

Winner

Fire

Safeguarding Information

At Shefford Lower School we take our responsibilities to promote safeguarding the welfare of all children seriously. The designated persons for safeguarding children is the Headteacher who can be contacted via the school office on 01462 629123

Please find useful information updated weekly

Mythbusters

Myth – Bedtimes are upto me

Buster - Ensuring children have good sleep hygiene in order to thrive is part of safeguarding. Schools are obliged to monitor and record instances on CPOMs. We can support you if you need help with this aspect of care. Our family worker can work with you and help you to establish good routines.

If you are concerned about a child outside of school you can phone 999 in an emergency or 101 to make a report. The NSPCC operated an urgent helpline on 0808800500

Shefford Museum and Gallery is growing fast at Shefford Lower School. It features copies of some the most famous paintings in the world and authentic historical and natural history artefacts. We would like to share a different exhibit each week in the news letter. This week's featured exhibit is



Roman Soldiers Armour

Lorica segmentata was a type of body armour primarily used in the early Roman Empire, but the Latin name was first used in the 16th century

On the front of the helmet, about 3" above the rim is a protrusion protecting the forehead. This was designed to prevent sword blows from penetrating the helmet and causing head injuries. The rear of the helmet had a guard that protected the neck from sword blows.

The body armour made from overlapping iron strips. These metal strips were fastened with hooks and laces at the front and hinged at the back. These were held together by vertical leather strips on the inside. This enable the soldier to be well protected and also be flexible enough to allow him to bend. The armour was strengthened by front and back plates below the neck. The shoulders were protected by a pair of curved pieces.



Weekly Good News Calls

Here are the children whose parents and carers have received a phone call home this week to let them know how well their child has been working and showing their school values. Keep up the good work Shefford Lower.

<u>Reception</u>	Pear—Sebastian, Peach—Arthur, Plum—Louisa
<u>Year 1</u>	Sycamore—Theo, Chestnut—Harry, Holly— Nivya
<u>Year 2</u>	Willow—Sarah, Oak—Bethany & Chloe, Maple—Reagan
<u>Year 3</u>	Cedar—Tommy, Hawthorn—Ruben, Elm—Kayleigh
<u>Year 4</u>	Beech—Mary, Hazel—Lily-Joyce, Ash—Charlie



Shefford Sporting Successes

We celebrate children's sporting successes from home as well as those in school. Please send us photos of your child's certificates and/or medals which will be displayed on our PE celebration board and celebrated in assembly. Well done to these children who have shared their sporting success this week.

Air House	Sienna—Gymnastics, Louie—Swimming, Poppy—Gymnastics, Devon—Swimming
Water House	Jayda—Swimming, Chloe—Swimming, Archie—Rugby, Ollie—Rugby & Swimming, Charlotte—Swimming
Fire House	Immy—Dance, Eva—Swimming



Congratulations to the children below who have been recognised as a Finer Diner this week for displaying good manners and values at lunchtime

EXCUSE ME

THANK YOU

<u>Reception</u>	Henry, Robyn, Barnaby, Jean, Libby, Millie, Macie, Ronnie, Aiden, Elsie, Alice & Clara
<u>Year 1</u>	Chloe, Jayden, Logan, Amelie, Blake, Sam & Jackson
<u>Year 2</u>	Vinnie, Sienna, Jack, Chloe, Georgia, Jessie & Daisy
<u>Year 3</u>	Lilly, Jake, Rory, Kayleigh, Cassian, Max, Laila & Arthur
<u>Year 4</u>	Isla, Scott, Charlotte, Max, Willow & Ayhem





Shefford Lower School Half Term Holiday Club

For children who attend Shefford Lower in Years 1- 4



Monday 30th May 9.00am - 3.30pm

Tuesday 31st May 9.00am - 3.30pm

Numbers are limited to 30 children per day on a first come first served basis.

£18.00 per day

£12.00 per sibling

BOOK NOW !

Booking forms are available on Parent Mail or paper copies can be collected from the School Office.



Donations Please

**The PSA will be attending the Shefford Jubilee Fete at the STMA on Sunday
5th June 2022**

The stall will be a traditional Tombola game and Glitter Tattoos.

We would like it if you could help us with the prizes?

We have decided to do a “Bottle Themed Tombola” and would be very grateful of any bottle prizes you could donate.

Raffle tickets on the day will be 50p each or 3 for £1.

All money raised will go directly to the PSA

**Please can all donations be dropped off at your children's classrooms on
Thursday 26th May.**

Donated prizes could include:

- *Bubble Bath**
- *Bottles of Juice**
- *Bottles of Alcohol or non-alcoholic**
- *Bottles of washing detergent**

We challenge you to be creative as possible.... As long as it's a Bottle of something...

As always, we thank you for your continued support

Your PSA Team

Community News

Please note, the following events/activities are run independently of Shefford Lower.



JACK CRAWSON
SOCCER SCHOOL
FORMER WEST HAM AND WALES INTERNATIONAL FOOTBALLER

MAY HALF TERM CAMP!

FOOTBALL, COMPETITIONS, FUN AND PRIZES FOR BOYS AND GIRLS AGED 5-15!
3 DAYS ONLY MONDAY 30TH MAY – WEDNESDAY 1ST JUNE, 10:00-15:00
ROBERT BLOOMFIELD ACADEMY, SG175BU
1,2 AND 3 DAY TICKETS AVAILABLE
*** ONLY 60 SPACES AVAILABLE ***
BOOK ONLINE NOW!



10% Discount for NHS, Police, Fire Service, Military, Blue Light Card Holders and Siblings

MAY/JUNE HOLIDAY FOOTBALL CAMPS

Date: 30th, 31st May and 1st June
Venue: Pendleton Sports Centre, Stotfold
Days: Monday, Tuesday & Wednesday
Age: 4-16 Years
Cost: £25-£60
Extra 10% if booked before 17th May (can also be used with other codes)
www.midbedsfutsal.co.uk

Delivered by UEFA B and Licensed Coaches
Safe, Fun & Creative Environment.

Official Sponsor
Evolution
Tree Works Services Ltd
Partners



Shefford Summer fete @ the STMU #Bigswell June 5th 2022

Craft and local product Stalls
Food trucks
family games and rides
and much much more

As your child attends Shefford Lower School please use the code JCSSSCHOOL10 at the checkout to get 10% off the booking price, no

HALF TERM SOCCER CAMP

£20 PER DAY
9:30AM
3:30PM

AGE: 5 TO 14 YEARS
AGE: 4 YEARS HALF DAYS FROM 9:30AM 12:30PM
£12
DATE
MAY 30TH LANGFORD FOOTBALL CLUB
MAY 31ST RAYNSFORD SCHOOL
JUNE 1ST RAYNSFORD SCHOOL
VENUE: Raynsford Church of England Academy
TO CONFORM YOUR PLACE PLEASE BOOK ONLINE AT
WWW.FOUNDATION-SPORTS.COM
ADDRESS: Park Ln, Henlow SG16 6AT

ABOUT US
ALL OUR COACHES ARE FA QUALIFIED/HOLD A FIRST AID/HAVE BEEN DBS CHECKED AND HAVE ATTENDED A CHILD PROTECTION WORK SHOP

@Foundation Sports Bedfordshire CONTACT: 07882046372



THE UK'S FAVOURITE
BARRACUDAS
Activity Day Camps

FUN AND ADVENTURE FOR 4½ - 14 YEAR OLDS
QUOTE CODE: **SCHOOLS10**
FOR AN EXTRA £10 OFF YOUR BOOKING

USE CODE **SCHOOLS10** FOR £10 OFF WHEN BOOKING A MINIMUM OF 2 DAYS!

Visit barracudas.co.uk or call 01480 467567

May Camp

JOIN IN THE FUN AT OUR
AGES 3-14

Ben's Football Cricket
Dance / Gymnastics
Go Karts
Nerf
Zorbing
& More

30th May - 3rd June
(General bookings opening on Bank Holiday)

Barbury: Cherry Fields Primary School
Bedford: Great Ouse Primary Academy
Brackley: The Rishlams Primary School
Fenny Stratford: Templefield Lower School
London: Richmond

Mr. Keville Hill
Mr. Loughton Manor First School
Mr. Tickford Park Primary School
Mr. Wilton Primary School

SPORTS SCHOLARS
BOOK NOW: www.sportscholars.com Tel: 07511 19 43 19

Are you in an unhealthy relationship?



There is a big difference between occasional disagreements at home and the type of repeated and habitual controlling behaviours associated with domestic abuse. If you are concerned about your relationship, here are a few questions that might help you to consider what is happening in the relationship and how unhealthy or abusive it could be.

Do they threaten to harm you or kill themselves?

Are you scared to go home?

Do they stop you seeing family & friends?

Do they control your finances?

Have they ever physically hurt you, your children or a family pet?

Do they criticise you and make you feel stupid or ugly?

If you are in immediate danger please call 999.

If you have answered 'yes' to any of these questions then it may indicate that you are in an unhealthy relationship. You can use the information in this Safe Space to find support and advice.

If you are scared of your partner, ex-partner or a family member, it is not your fault and you are not alone.

Moving to become a primary as part of Central Bedfordshire's Schools For The Future project.

<https://www.schoolsforthefuture.co.uk/>



Ivel Valley Parent Bulletin

Ivel Valley Local Bulletin

To find Shefford Lower's Academic Calendar for 2021/2022 and 2022/2023 please refer to our website

[Term Dates Link](#)

Please note this will be different to the Central Bedfordshire term dates

For further information please contact:

FACES
The Centre
147 Church Lane
Bedford
MK41 0PW
T 01234 270801
E office@facesbedford.org
W www.facesbedford.org
Registered charity number 1108674

Funded by:

Helping fathers value their children

FACES

What is caring dads?

Through 17 sessions fathers will...

- Develop skills to cope in healthy ways with frustrating situations.
- Understand how different fathering strategies and choices affect children.
- Increase their awareness of controlling abusive and neglectful attitudes and behaviours.
- Be provided with strategies to strengthen the father-child relationship.

The Caring Dads group program runs one evening a week for 17 weeks. This group offers:

- A unique opportunity for men to connect as fathers.
- A combination of active group discussions and homework.

D Do you sometimes feel so angry at your child that you feel like blowing up?

A Are you concerned that your relationship with your child is not as close as you hoped it would be?

D Do you sometimes wonder how well you know your child?

S Sometimes are you concerned about the level of discipline that you seem to need to keep your child in line?

Eligibility is determined during a required screening interview.

There is no fee for this program.

FACES

Facts about fathering

- Fathers can and want to be a positive influence in the lives of their children
- Positively involved fathers enhance their children's academic personal and social development

Unfortunately fathers can also have a negative impact on their children. This occurs when fathers:

- Do not understand the feelings and needs of their children
- Harshly discipline their children
- Argue frequently with their children's mothers
- Use abusive and controlling behaviour

CARING DADS
FACES

Funded by:

A 17 week programme (2 hours per week)

HOW TO GET ON

- Access to this programme is by referral only. Parents cannot self-refer.
- Referring agencies should download the Caring Dads referral form from the FACES website.
- Please refer to the eligibility criteria prior to completing the referral form.

TOPICS COVERED

Dad's will be taught how to:

- Appreciate how different fathering styles affect children.
- How to become more involved as fathers and be a positive influence to their child.
- Learn about controlling abusive and neglectful attitudes and behaviours.
- How to deal with frustrating situations and manage anger in a healthy way.
- Rebuild trust and plan for the future.

A GROUP INTERVENTION FOR MEN

WHAT IS THIS PROGRAMME?

Caring Dads supports fathers to improve their relationships with their children, develop strategies to manage their frustration and find ways to reduce parental conflict. This programme is for both resident and non-resident fathers / male carers that need support to end controlling, abusive and neglectful behaviours towards their partners and children.

This programme offers a unique opportunity for men to connect as fathers and develop their parenting skills through group discussion, exercises and 'give-it-a-go' activities to work on at home.

WHO SHOULD ATTEND?

This programme is for fathers/male carers with children aged 0 - 16 years old. Men should have regular contact with their child (minimum - fortnightly basis) and should remain working with the referring agency (or other key agency) for the duration of the 17-week programme.

WHO DO I CONTACT?

For an informal discussion or to make a referral please contact Mia Howlett at FACES on 01234 270601 or email mia@facesbedford.org

If parents would like more information/ to join a Caring Dads group, they should speak to their professional and ask to be referred.

CARING DADS
FACES

Funded by:

ELIGIBILITY CRITERIA

- Father's must speak fluent English with intermediate literacy levels in order to access the material and complete homework tasks
- Accepting referrals for men who have behaved in a domestically abusive manner within a past and/or present relationship and where there are concerns that their parenting style is overly controlling or aggressive. There must be no incidents of DA over the last 6 months.
- Families can be on a CIN plan but for reasons other than domestic abuse. Step down cases to FF or other Early Help Services due to parenting issues persisting and DA is known to have previously occurred will also be considered.
- Father/ Individual may have a history of DA and may be with a new partner that has children and there are concerns around situational violence
- Where men are referred by an agency, facilitators will endeavour to work jointly with the referrer. We have an expectation that the referrer will accompany the father to the initial assessment. In instances where cases may be closing/ stepping down a new Lead Professional will need to be identified.
- Fathers that have committed sexual offenses against children will not be eligible for this programme.
- Fathers cannot have severe mental health difficulties or issues of substance/ alcohol misuse.
- Details of current and past partners must be provided to ensure the safety of women and children. An allocated Women's link worker from FACES will be allocated to mothers to check in with as necessary.
- Father can live in the family home or be separated from partner/ parent of children
- Children of referee must live in Bedford Borough, Central Bedfordshire and Luton.
- We anticipate that all men attending the programme will have contact with their child/children.
- Fathers can be currently involved with other services and there will be an expectation that information will be shared between the agencies.
- Fathers will need to have a level of acknowledgement of their past abusive behaviour.

"HELPING FATHERS TO VALUE THEIR CHILDREN"

Sheffield Lower School

Diary Dates

(further dates will be added and these will be in bold italics)

2022 Upcoming Dates

25th May	Year 4 Cake Sale—raising money for MacMillan
<u>26th May</u>	<u>Growing and Changing Sessions Year 4</u>
30th May—6th June	Half Term
30th May—31st May	Mr Tilbury's Holiday Club—Please complete Parentmail form to book a place
7th June	Children Return
7th June	Red, White and Blue themed Mufti Day - Jubilee celebrations
10th June	Commonwealth Countries Day - no need to dress up
14th June	Year 4 Faith Tour
<u>20th June</u>	<u>Cherry Class Open Evening—Pre-booking required</u>
<u>20th—24th June</u>	<u>Road Safety Week</u>
<u>23rd June</u>	<u>Art Exhibition & Museum Open Evening</u>
24th June	Year 1 Cake Sale—raising money for RSPCA
<u>27th June</u>	<u>Reception Class Open Evening—Pre-booking required</u>
30th June	Year 3 Sing Up Concert—Information sent out via Parentmail
<u>1st July</u>	<u>Shuffle up day</u>
<u>5th July</u>	<u>Early Years Sports Afternoon—more information to follow</u>
<u>6th July</u>	<u>Year 1 and 2 Sports Afternoon—more information to follow</u>
<u>7th July</u>	<u>Year 3 and 4 Sports Afternoon—more information to follow</u>
<u>12th July</u>	<u>End of year music concert</u>
13th July	Year 3 Cake Sale—raising money for Smiles
19th July	Year 4 leavers performance—Dress rehearsal
20th July	Year 4 leavers performance
22nd July	Last Day of Term
25th—29th July	Mr Tilbury's Holiday Club—Parentmail form will be available after May Half Term
5th September	2022/2023 School Year Begins

Drop off times—08.45—09.00am

Collection times—3.20pm

The school office will be open from 8.30am to 3.45pm for any queries, please call 01462 629123 or email

schooloffice@sheffield.cbeds.co.uk