



Weekly Update

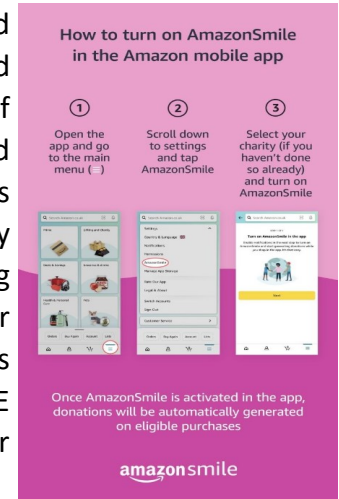
Friday 25th November 2022



Please email schooloffice@shefford.cbeds.co.uk if you require support in accessing this newsletter in an alternative format.

Dear Families & Friends,

Thank you for attending the Christmas Fayre. This event is always such fun and helps to kick start our Christmas 'feel' in school. It is a fundraiser for our PSA and the monies raised at the event go straight back into the school and support many of the fun extras that the children experience. You will remember that the PSA paid for the immersive room, which they upkeep. They booked the animal experiences in the Summer for example. They support our Y4 leavers disco. Right now, very crucially, they help Santa prepare gifts for his visits with his elves. Also supporting the PSA are local businesses with connections. If you can offer any assistance, or have any provision to support fundraising through your company, please let us know. Failing that, a very simple way to support them is by clicking AMAZON SMILE in your settings to donate to our school. It costs you nothing but does support your children.



In school we have rehearsals well underway. The children's choir will be with Miss Mansell this weekend performing their medley of jolly Christmas tunes as the lights are switched on. We look forward to your support. A big thank you to Mrs Brennan for the Christmas items sent in for the choir.

This morning we held our phonics event. This is a time to support families with how phonics is taught to support early reading. Along with rich reading experiences as whole classes, and the various texts which underpin each of our curriculum areas, our children are taught to 'decode words' using synthetic phonics. The school has had phenomenal results for phonics this year, and we know this is because you support the daily individual reading sessions which children so crucially need, and because you support their phonic decoding skills. If you missed the event, we have posts on our media and web pages to support you. Thank you so much for your investment in reading. Without reading, children do not easily access all other curriculum areas, as reading is fundamental to language and thinking skills developing in the brain, and building strong neural pathways.

In school this week, we have hosted a visit from Colin Marshall, the head at Robert Bloomfield. Many of our children progress to this school and we have always worked very closely together. It was great to be able to show him the various projects we have been working on and the progress being made. We have quite a few plans in mind for our children to work together again, and to keep those links strong. Many of our children recognised Colin from the open evenings held, and will undoubtedly see a bit more of him as we move through the year.

Have a great weekend everyone, and don't forget to set up your Amazon Smile ;-)

Values

The values of December will be Peace & Understanding

"All we are saying, is give peace a chance." John Lennon.

Understanding what peace is, and how can we bring peace about—conciliation, finding resolutions and solving problems together. Understanding the other perspective and point of view. Learning to understand the needs of others.

House Points

Fire—1230

Air—1185

Earth—934

Water—889

House Points and Attendance

W/E 18/11/22

Well done to last week's house winners.



House Attendance & Punctuality

Winner

Water

Music News

This week classes have been rehearsing for their Christmas shows to parents and carer's, this begins on Monday 5th December with year 4s (check the calendar for other dates).

This week's music choices were both covers of well-known rock songs, the winning song was 'Thunderstruck' covered by 2Cellos. Pupils were able to identify instruments in the stripped back covers.

To finish off December, we explored what a crotchet and quaver note are and how much each note is worth.

We are delighted to announce that we have been awarded with the music mark recognition for commitment and providing a high-quality outstanding music education for our pupils.

In other news, our school choir will be performing at the Shefford Christmas lights turn on, on Saturday 26th at 3.30pm, there is a live band, plenty of stalls and a special celebrity guest. Any support would be appreciated!

As mentioned before, if there are any parents or carer's that wish to join us for carols on the playground, please do get in touch so I can forward you on the music. This will be on the last day of term

Weekly Good News Calls

Here are the children whose parents and carers have received a phone call home this week to let them know how well their child has been working and showing their school values. Keep up the good work Shefford Lower.

Reception	Pear—Darcey	Peach—Violet	
Year 1	Holly—Immy	Chestnut—Muhammad	Holly—Immy & Maxwell
Year 2	Maple—Freddie	Willow—Abigail	Oak—Jenevieve
Year 3	Cedar—Fabrizio	Elm—Joshua	Hawthorn—Alyssa
Year 4	Beech—Amelie	Ash—Leeia	Hazel—Charlie



Congratulations to the children below who have been recognised as a Finer Diner this week for displaying good manners and values at lunchtime



<u>Reception</u>	Annie, Aurora, Sienna, Emma, Joshua & Killian
<u>Year 1</u>	Ruby, Darcey, Jacob & Ivy
<u>Year 2</u>	Freddie, Miles, Eva, Vinnie, Evelyn Annabelle & Theo
<u>Year 3</u>	Michelle, Matthew, Esme, Joshua, Poppy & Freddie
<u>Year 4</u>	Bethan, Isabella, Crystal, Jake, Ronnie & Scarlet



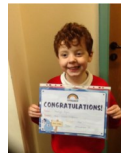
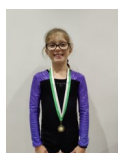
THANK YOU

EXCUSE ME

Shefford Sporting Successes

We celebrate children's sporting successes from home as well as those in school. Please send us photos of your child's certificates and/or medals which will be displayed on our PE celebration board and celebrated in assembly. Well done to these children who have shared their sporting success this week.

Water House	Edward—Football, Jayda—Swimming, Mathew—Football, Charlie—Water
Earth House	Daisy—Taekwondo, George—Swimming
Air House	Kayleigh—Gymnastics, Joe—Football
Early Years	Austin—Taekwondo



PSA Christmas raffle 2022

3 day football camp at Mid Beds Futsal
Children's Christmas Hamper
Boiler service with TJ plumbing
Men's haircut at Vallos barbers
Cut and blow-dry at Hayz Hair
Little City entry for one adult and one child
Large Christmas hamper
MOT at the Garage
Garden sheers from GM Mowers
Andy's Angling Centre shop voucher
Shefford Toddler group entry
Christmas cake from Rogers Bakery
Tea and cake for 2 at Rosebuds café
Waterstones voucher from Polehanger
Shefford Building Supplies vouchers
Hair pampering hamper from the Hair Corner
Turkish platter from The Airman
Vouchers from Shefford Kebab house
Voucher from The Wellness Hub



Parentkind
Member Association



We're part of the Co-op
Local Community Fund

Select us
as your
cause

coop.co.uk/membership

Community News

Please note, the following events/activities are run independently of Shefford Lower.

DAWNUNTILDUSK
BEFORE, AFTER SCHOOL & HOLIDAY CLUB

Holiday Club

FREE places available

CHRISTMAS HOLIDAY CLUBS
Activities for children aged * 2 upwards

HOLIDAY CLUB FUN FROM £18 PER SESSION

Lots of activities to choose from:
Arts & Crafts, Cookery, Archery, Football, Climbing Frames, Bouncy Castles, Scooters and much more.

Booking is easy...

Visit www.kidsdawnuntildusk.co.uk to complete your booking. For more information email holidayclub@kidsdawnuntildusk.co.uk Or call us on 01234 930 505

Our holiday clubs are available in 4 sessions
FREE Places available - conditions apply

Setting	9am-3pm	8am-5pm	7.30am-6pm	10am-2pm
Balliol Primary	✓			
Biggleswade Academy		✓	✓	
Camestone Primary	✓			
Clifton All Saints Academy	✓			
Great Ouse Primary Academy	✓			
Kings Oak Academy	✓			
Lakeview Pre-School, Wixams		✓	✓	
Pirton Hill Primary, Luton				✓
Shortstown Primary	✓	✓	✓	
Thomas Johnson Lower	✓	✓		

All snacks, drinks, breakfast and hot lunch will be provided, only bring a packed tea if your child is booked in after 3pm.

Visit www.kidsdawnuntildusk.co.uk for prices and for details of our Early Bird Discounts

BOOK NOW or FIND OUT MORE

* 2 year old spaces available at Lakeview Pre-School & Biggleswade Academy

www.kidsdawnuntildusk.co.uk 01234 930 505

ST MICHAEL & ALL ANGELS CHURCH, SHEFFORD

CHRISTMAS TREE FESTIVAL

Friday 2nd December
11.15am - 4pm

Saturday 3rd December
10am - 4pm

Sunday 4th December
11am - 2pm

Donations to Shefford Parish Church

Ribbon cutting by the Shefford Gala Prince & Princesses Saturday @ 10am

Refreshments available all day
Fri / Sat / Sun

10% Discount for: NHS, Police, Fire Service, Military, Blue Light Card Holders and Siblings

CHRISTMAS HOLIDAY FOOTBALL CAMP

Date: 20-22 December 2022
Venue: Pendleton Sports Centre, Stotfold
Days: Tuesday, Wednesday, Thursday
Age: 5-15 Years
Special Christmas Prices:
1 day - £20
2 days - £40
3 days - £50

Delivered by UEFA B and Licensed Coaches

Safe, Fun & Creative Enviroment.

www.midbedsfutsal.co.uk

Official Sponsor

Evolution
Tree Works Services Ltd

Partners



Sleeping Beauty

6TH - 9TH DECEMBER 2022
SAMUEL WHITBREAD ACADEMY
MAIN HALL 7PM

£7 ADULTS • £5 CONCESSION

EARLY BIRD DISCOUNT
2 Adults and 2 Concessions for £20 until Friday 18th November

BEST
Theatrical Production

Tickets available from www.ticketsource.co.uk/swaconcert or scan the QR code to the right.

Sign up now to our New Parents & Carers Workshop!

FREE

AUTISM & MENTAL HEALTH
WEDNESDAY 6TH NOVEMBER 2022
10AM - 1PM

A workshop designed to be particularly useful for those who are parents or carers of autistic individuals who have co-existing mental health conditions.

Explore and understand:

- an overview of co-existing mental health conditions commonly experienced by autistic people and how these affect their individual needs
- how to proactively adjust environments and practices to prevent needs escalating
- resources and strategies for supporting individuals

AUTISM & DEMAND AVOIDANCE
TUESDAY 17TH JANUARY 2023
10AM - 1PM

A workshop providing information about the demand avoidance presentation of autism and advice on how to support those with demand avoidance behaviour at all ages.

Explore and understand:

- what is meant by 'demand avoidance' in relation to autism and the contrasting view of the 'mask' diagnosis
- the role of anxiety in creating demand avoidance behaviour
- how to prevent and manage demand avoidance behaviour

TO BOOK PLEASE CONTACT ENQUIRIES:
enquiries@autismbeds.org
01234 214871

BLMK **Autism** **BEDFORDSHIRE**

For families living in Milton Keynes, Bedfordshire and Luton.

AUTISM & SENSORY PROCESSING
TUESDAY 6TH DECEMBER 2022
10AM - 1PM

A workshop exploring the relationship between autism, sensory processing and diet.

Explore and understand:

- the impact of sensory processing differences on the lives of autistic individuals
- resources and strategies to support health and wellbeing where there are sensory challenges
- when to seek professional input

AUTISM & BEHAVIOUR
TUESDAY 24TH JANUARY 2023
10AM - 1PM

A workshop to explore the impact of autism on regulating behaviour, offering advice on how to support autistic individuals of all ages.

Explore and understand:

- the difficulties autism may cause in regulating behaviour
- how to adjust environments & practices to meet the needs of autistic individuals
- strategies for managing difficult situations

The training will be online using Zoom. Once booked on our website you will receive your link to the training.

TO BOOK PLEASE CONTACT ENQUIRIES:
enquiries@autismbeds.org
01234 214871

SUPPORTING YOUR AUTISTIC TEENAGER
A trilogy of parent workshops

Led by Sarah Polack
Parent, CBT Therapist & Coach
Working and living with autistic teenagers, Sarah brings real life experiences, positive approaches and valuable insight to these sessions.

Aims of The Session:

- Seeing an optimistic future
- Learn strategies to understand your teenager and help them thrive
- Recognising their strengths & potential
- Helping you cope with life with an autistic teenager

Cost: £15 FOR ALL 3 SESSIONS

Dates & Times:
6pm - 8pm
• Monday 7th November
• Monday 14th November
• Monday 21st November

Venue:
The Rufus Centre
Steppingley Road
Fittwick
MK45 1AH

Join other parents/carers for 3 sessions to discuss the positive and inspirational potential of your teenager, family life and future

TO BOOK PLEASE CONTACT ASHLEY
ashley.gordon@autismbeds.org

CHILDREN'S SERVICES
MULTI-SPORTS COURSE
6 WEEKS

Castle Newnham School (Sports Hall)
Polhill Avenue, Bedford MK41 9DT

Date: Thursdays
10th, 17th, 24th Nov, 1st, 8th, 15th Dec 2022

Time: 4.45-5.45pm

Cost: £15.00 per child (AB members)
£20.00 per child (non AB members)

Enjoy a range of sports activities across 6 sessions in. Be active and have fun doing it!

Autism **BEDFORDSHIRE**
Working in partnership with
Blues Foundation

Book Now
enquiries@autismbeds.org
01234 214871 (general enquiries)

Safeguarding Information

At Shefford Lower School we take our responsibilities to promote safeguarding the welfare of all children seriously. The designated persons for safeguarding children is the Headteacher who can be contacted via the school office on 01462 629123

Please find useful information updated weekly

Mythbuster

Myth: "It doesn't matter if I haven't got time to read with child."

Buster: OFSTED expect schools to set and monitor homework that is age appropriate. All schools keep a record of frequent instances that impact on a child's development alongside their peers. Reading is fundamental to a child's development.

*Child Protection Online Management System

If you are concerned about a child outside of school you can phone 999 in an emergency or 101 to make a report. The NSPCC operated an urgent helpline on 0808800500

BEDFORDSHIRE
DOMESTIC
ABUSE
PARTNERSHIP

IT DOESN'T HURT
TO ASK FOR HELP!

Safe Space

What is a Safe Space?

- a place for you to go if you need to access support
- a place where you can contact a domestic abuse support service who will be able to help you safely

For more information, speak to a member of staff or contact BDAP@centralbedfordshire.gov.uk

@bedsdiv
bedsdiv.org.uk

The **Bedfordshire and Luton Children's Community Health HUB** is our one stop service for our Health Visiting, School Nursing 0-19 and our Looked after Children Teams for parents, carers and professionals. Our Luton Community Paediatric Service can also be contacted via this number, but for emails please continue to use their own dedicated email address.

To access the Health HUB call us on 0300 555 0606 or email: ccs.bedsandlutonchildrenshealthhub@nhs.net

Shefford Lower School

Diary Dates

(further dates will be added and these will be in bold italics)

2022 Upcoming Dates

30th November	Dick Whittington Pantomime performances—for the whole school
1st December	Virtual Curriculum Evening—TEAMS event—details to follow
1st & 2nd December	Early Years Christmas performances—2pm
5th December	Year 4 Christmas concert—2pm
6th December	Year 2 Christmas concert—2pm
7th December	Year 1 Christmas concert—2pm
7th December	Year 3 Cake Sale—Charity TBC
8th December	Year 3 Christmas concert—2pm
9th December	Coffee Morning—Invitations to be sent.
9th December	PSA Present Day—children choose a present for their grown ups
12th December	Christingle Assembly
13th December	Shefford Muesum & Gallery event—invite only
13th December	Christmas Dinner—Parentmail order form will be available
14th December	EYFS Christmas Party & Santa Visit
15th December	KS1 & KS2 Christmas Party & Santa Visit
16th December	Carols on the playground & End of Autumn Term

2023 Upcoming Dates

<u>4th January 2023</u>	<u>Welcome Children back to the Spring Term</u>
<u>25th January 2023</u>	<u>Year 2 Trip—Material Trail—St Albans—Parentmail to follow</u>
<u>1st February</u>	<u>Year 3—Egyptian Day—Visit from Howard Carter—Parentmail to follow</u>
<u>3rd February</u>	<u>EYFS Cake Sale—Charity TBC</u>

Moving to become a primary as part of Central Bedfordshire's Schools For The Future project.

<https://www.schoolsforthefuture.co.uk/>

To find Shefford Lower's Academic Calendar for 2022/2023 please refer to our website

[Term Dates Link](#)

Please note this will be different to the Central Bedfordshire

Drop off times—08.45—09.00am

Collection times—3.20pm

The school office will be open from 8.30am to 3.45pm for any queries, please call 01462 629123 or email

schooloffice@shefford.cbeds.co.uk.