



Weekly Update

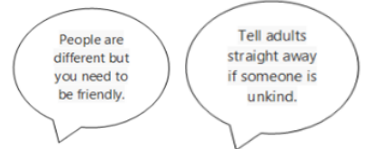
Friday 18th November 2022



Please email schooloffice@sheffield.cbeds.co.uk if you require support in accessing this newsletter in an alternative format.

Dear Families and Friends,

The beginning was launched with 'Anti-bullying' and thank you for sending children in wearing odd socks. This supported discussions in class around this month's values of Tolerance & Friendship. The children have been taught to differentiate between *bullying* and *falling out*. In schools, children often fall out, and find friendships tricky as they negotiate a complex social situation with immature interpersonal skills. As they develop, they learn the language of values and begin to problem solve more successfully, but still need adult support on occasions to manage feelings and work through solutions. Bullying on the other hand, is more targeted and protracted, and is not tolerated. Children are therefore taught what they can do to prevent bullying and who can help them solve issues before this happens. At Sheffield Lower, we hold the view "it could happen here" and it is how we address it, with speed and agility that matters most. We regularly take in pupil voice (their view) and know that our pupils feel safe and secure. We also encourage families to be in communication with us, so please do always reach out—the theme of the national campaign this year—as we are only too happy to support.



This week, we held a governors morning. This is when our governors come into school as a group and are given a variety of presentations and information. At the time of writing, they have spent time in our lunch hall and enjoyed their meals with the children. We have talked about how we hold progress and attainment information, how we support 'The Sheffield Connected Curriculum' through our FLOURISH approach, and of course key areas such as Maths, English, SEND, Safeguarding and pupil premium strategies. All of this information is readily available on our website, and we also post it to our Facebook on a rota'd schedule to encourage as many views as possible.

We were delighted this week with the updated OFSTED dashboard. Our school is performing in the top quintile on every measure. This was not a surprise to us, as a lot of hard work and a continuous drive for improvement is always how we progress. We have shared the OFSTED Parent View to you all, and hope that you will engage with that. It helps them when they come to visit us, and this is due soon too. We think your views are crucial.

One of our parents suggested we hold a toy give away. A HUGE thank you to our parent. Her suggestion was a roaring success and clearly benefited a number of our families this year. Thank you to everyone that donated. What a super bunch the community of Sheffield Lower are. Thank you.

This week I have seen lots of pupils with HT awards, and it is wonderful to have them come to me for their 'friendship making' skills which has been evident at playtimes too. Our children get to 'stand on the bench' in celebration assembly when they achieve this, and they also put 5 house points on each for their teams. I was especially pleased to see the progress of some of our y4 children, and join our teachers in the phone calls home this week, for Ethan, Louis, Ruben and Cassian. Well done boys.

We are now practising our Christmas songs. I know! We can't wait to showcase these to you over the December month. Today the children are finishing with Pudsey and it is our annual indicator that twinkle times are upon us. The PSA have wrapped gifts and the Fayre is the buzz. Save the date, and come and join the fun.

Have a lovely weekend, Mrs Finch

Values

The values of November will be Tolerance & Friendship

"A day without a friend is like a pot without a single drop of honey left inside it." Winnie the Pooh by A.A Milne.

Tolerance is understanding, rather than 'putting up with'. Exploring building supportive and trusting networks and knowing who to talk to. This will also be explored in Anti-bullying month.

House Points

Air—1351

Fire—1276

Water—840

Earth—820

House Points and Attendance

W/E 11/11/22

Well done to last week's house winners.



House Attendance & Punctuality

Winner

FIRE

Anti Bullying Week 14th -18th November 2022

We had some excellent work taking place in school during Anti-Bullying Week. We wore odd socks on Monday, which led a discussion on how we are all different and unique. Children took part in Anti-Bullying themed lessons and activities throughout the week, learning about friendship, conflict and bullying.

We explored the theme of 'Reach Out' and who can help us if we are sad or upset. Children were encouraged to demonstrate friendly and kind behaviour in a range of ways, such as by sharing a smile, sitting next to someone new at lunchtime or helping a classmate with their work.

We had many different activities taking place across school. In Early Years, children listened to stories and learned about friendship, kindness and sharing. They made bracelets and paper chains with their friends. In KS1, children used role play to explore what it means to be a good friend and discussed different ways to be kind. They also learned the sign 'help' using British Sign Language. In KS2, children thought about those that are in need and created posters to show what they could do to help someone.

You can continue this learning at home if you wish by asking your child to talk about what they have learned this week. The Anti-Bullying Alliance also have an information pack available for parents and carers to download: <https://anti-bullyingalliance.org.uk/anti-bullying-week/parents-and-carers>. As always, if you are ever worried about bullying then please do come and speak to us.

Music News

18/11/22

Christmas carols are under way and music assemblies have had a great buzz about them as we begin practising. This week we looked at notes, how much each note is worth and related this to rhythm. This week's music vote included children in need songs from 2021, and 'Everywhere' by Anne Marie and Niall Horan took the win. As mentioned last week, if there are any parents or carer's that wish to join us for carols on the playground, please do get in touch so I can forward you the

music 😊

Weekly Good News Calls

Here are the children whose parents and carers have received a phone call home this week to let them know how well their child has been working and showing their school values. Keep up the good work Shefford Lower.

Reception	Peach—Kendall	Plum—Alfie	Pear—Alice
Year 1	Holly—Alfie & Lacey	Sycamore—Jacob	Chestnut—Max
Year 2	Maple—Jayda	Oak—Frankie	Willow—Emilia
Year 3	Hawthorn—Effie	Cedar—Keira	Elm—Sophie
Year 4	Hazel—Poppy	Ash—Ethan, Ruben, Cassian & Louis	
	Beech—Sonny		



Congratulations to the children below who have been recognised as a Finer Diner this week for displaying good manners and values at lunchtime



<u>Reception</u>	Harry, Ruby, Buddy, Ava-May, Ava, Alfie & Tommy
<u>Year 1</u>	Laurence, Joshua, Ronnie, Eleanor, Lucas & Francesca
<u>Year 2</u>	Harrie, Freddie, Lizzie, Jake, Charlie & Jessica
<u>Year 3</u>	Jacob, Raith, Orla, Serafina & Jack
<u>Year 4</u>	George, Emily, Scarlett, George, Alfie & Jacey-Mae



THANK YOU

EXCUSE ME

Shefford Sporting Successes

We celebrate children's sporting successes from home as well as those in school. Please send us photos of your child's certificates and/or medals which will be displayed on our PE celebration board and celebrated in assembly. Well done to these children who have shared their sporting success this week.

Fire House	Adam—Swimming, Lacey—Dance, Thea—Taekwondo, Mia—Swimming, Macie—Gymnastics
Air House	Libby—Sailing, Jake—Football, Francesca—Swimming, Jacob—Swimming, Charlotte—Swimming, Anuradha—Swimming
Water House	Edward—Running, Oliver—Gymnastics, Charlotte—Swimming, Annabelle—Swimming
Earth House	Heidi—Gymnastics



PSA News

It's all go for Christmas! The PSA Elves had a productive evening on Wednesday getting ready for forthcoming events. Preparations are now underway for Present Day 2022...

We are seeking donations of wrapping paper and Sellotape ahead of this event on Friday 9th December and would be very grateful of any donations you can offer! A tinselled laundry basket has been placed at the School Office.

Thank you!



How to turn on AmazonSmile in the Amazon mobile app

①

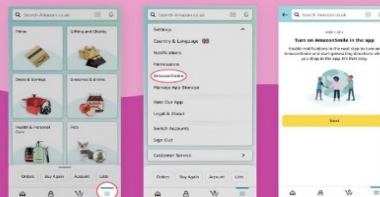
Open the app and go to the main menu (☰)

②

Scroll down to settings and tap AmazonSmile

③

Select your charity (if you haven't done so already) and turn on AmazonSmile



Once AmazonSmile is activated in the app, donations will be automatically generated on eligible purchases

amazon smile

Do you shop via Amazon? If so activate AmazonSmile and we will receive cash back on some purchases. It doesn't cost you anything and it is extra money into the school pot!

Thank you 😊

Community News

Please note, the following events/activities are run independently of Shefford Lower.

DAWNUNTILDAUSK
BEFORE, AFTER SCHOOL & HOLIDAY CLUB

Holiday Club

FREE places available

CHRISTMAS HOLIDAY CLUBS
Activities for children aged * 2 upwards

HOLIDAY CLUB FUN FROM £18 PER SESSION

Lots of activities to choose from:
Arts & Crafts, Cookery, Archery, Football, Climbing Frames, Bouncy Castles, Scooters and much more.

Booking is easy...
Visit www.kidsdawnntildusk.co.uk to complete your booking. For more information email holidayclub@kidsdawnntildusk.co.uk Or call us on 01234 930 505

Our holiday clubs are available in 4 sessions
FREE Places available - conditions apply

Setting	9am-3pm	8am-5pm	7.30am-6pm	10am-2pm
Balliol Primary	✓			
Biggleswade Academy	✓	✓	✓	
Camestone Primary	✓			
Clifton All Saints Academy	✓			
Great Ouse Primary Academy	✓			
Kings Oak Academy	✓			
Lakeview Pre-School, Wixams	✓	✓	✓	
Pirton Hill Primary, Luton				✓
Shortstown Primary	✓	✓	✓	
Thomas Johnson Lower	✓	✓		

All snacks, drinks, breakfast and hot lunch will be provided, only bring a packed tea if your child is booked in after 3pm.

Visit www.kidsdawnntildusk.co.uk for prices and for details of our Early Bird Discounts

BOOK NOW or FIND OUT MORE

* 2 year old spaces available at Lakeview Pre-School & Biggleswade Academy

www.kidsdawnntildusk.co.uk 01234 930 505

ACTIVE COMMUNITIES Enterprise

LTA YOUTH START OFFER

ACE is excited to offer a fantastic starter offer for children ages 4-8 years old.
In association with **uPlay Tennis**

Saturday - 10:00 - 11:00am
Langford Tennis Club
Fully accredited LTA Coach - First Aid - DBS Checked
Sat, 05 Nov - Sat, 10 Dec 2022
6 weeks - £34.99

To book use the QR CODE below




When you book your course, we will send you an LTA Youth Starter kit.



Robert Bloomfield Academy
Shefford



MBF

£30
6 Weeks

All About The Environment

FIRST SESSION FREE

www.midbedsfutsal.co.uk

Beds FA Project of the Year 2022

MBF Futsal
5-6 Years (Outdoors)
7-9 Years (Indoors)
18:00-19:00hrs

Sleeping Beauty


6TH - 9TH DECEMBER 2022
SAMUEL WHITBREAD ACADEMY
MAIN HALL 7PM

£7 ADULTS • £5 CONCESSION

EARLY BIRD DISCOUNT
2 Adults and 2 Concessions for £20 until Friday 18th November

BEST
Theatre Award

Tickets available from www.ticketsource.co.uk/swaconcert or scan the QR code to the right.





Ivel Valley Parent Bulletin Early Help Bulletin



Please click on the
links for more information

Sign up now to our New Parents & Carers Workshop!

FREE

AUTISM & MENTAL HEALTH
WEDNESDAY 6TH NOVEMBER 2022
10AM - 1PM

A workshop designed to be particularly useful for those who are parents or carers of autistic individuals who have co-existing mental health conditions.

Explore and understand:

- an overview of co-existing mental health conditions commonly experienced by autistic people and how these affect their individual needs
- how to proactively adjust environments and practices to prevent needs escalating
- resources and strategies for supporting individuals

AUTISM & DEMAND AVOIDANCE
TUESDAY 17TH JANUARY 2023
10AM - 1PM

A workshop providing information about the demand avoidance presentation of autism and advice on how to support those with demand avoidance behaviour at all ages.

Explore and understand:

- what is meant by 'demand avoidance' in relation to autism and the contrasting view of the 'mask' diagnosis
- the role of anxiety in creating demand avoidance behaviour
- how to prevent and manage demand avoidance behaviour

TO BOOK PLEASE CONTACT ENQUIRIES:
enquiries@autismbeds.org
01234 214871

BLMK **Autism** **BEDFORDSHIRE**

For families living in Milton Keynes, Bedfordshire and Luton.

AUTISM & SENSORY PROCESSING
TUESDAY 6TH DECEMBER 2022
10AM - 1PM

A workshop exploring the relationship between autism, sensory processing and diet.

Explore and understand:

- the impact of sensory processing differences on the lives of autistic individuals
- resources and strategies to support health and wellbeing where there are sensory challenges
- when to seek professional input

AUTISM & BEHAVIOUR
TUESDAY 24TH JANUARY 2023
10AM - 1PM

A workshop to explore the impact of autism on regulating behaviour, offering advice on how to support autistic individuals of all ages.

Explore and understand:

- the difficulties autism may cause in regulating behaviour
- how to adjust environments & practices to meet the needs of autistic individuals
- strategies for managing difficult situations

The training will be online using Zoom. Once booked on our website you will receive your link to the training.

TO BOOK PLEASE CONTACT ENQUIRIES:
enquiries@autismbeds.org
01234 214871

SUPPORTING YOUR AUTISTIC TEENAGER
A trilogy of parent workshops

Led by Sarah Polack
Parent, CBT Therapist & Coach
Working and living with autistic teenagers, Sarah brings real life experiences, positive approaches and valuable insight to these sessions.

Aims of The Session:

- Seeing an optimistic future
- Learn strategies to understand your teenager and help them thrive
- Recognising their strengths & potential
- Helping you cope with life with an autistic teenager

Dates & Times:
6pm - 8pm

- Monday 7th November
- Monday 14th November
- Monday 21st November

Venue:
The Rufus Centre
Steppingley Road
Fittwick
MK45 1AH

Join other parents/carers for 3 sessions to discuss the positive and inspirational potential of your teenager, family life and future

TO BOOK PLEASE CONTACT ASHLEY
ashley.gordon@autismbeds.org

Autism **BEDFORDSHIRE**

£15 FOR ALL 3 SESSIONS

"I hugely benefited from the workshop. It has been inspiring and helpful to help with understanding my daughter. Before the course I was struggling with how to support my child, but even after the first session I was feeling better about being able to support them"

CHILDREN'S SERVICES
MULTI-SPORTS COURSE
6 WEEKS

Castle Newnham School (Sports Hall)
Polhill Avenue, Bedford MK41 9DT

Date: Thursdays
10th, 17th, 24th Nov, 1st, 8th, 15th Dec 2022

Time: 4.45-5.45pm

Cost: £15.00 per child (AB members)
£20.00 per child (non AB members)

Enjoy a range of sports activities across 6 sessions in. Be active and have fun doing it!

Autism **BEDFORDSHIRE**

Working in partnership with **Blues Foundation**

Book Now
enquiries@autismbeds.org
01234 214871 (general enquiries)

For ages 10-17 years

Safeguarding Information

At Shefford Lower School we take our responsibilities to promote safeguarding the welfare of all children seriously. The designated persons for safeguarding children is the Headteacher who can be contacted via the school office on 01462 629123

Please find useful information updated weekly

Mythbuster

Myth – It's not worth putting parental controls on devices, they just use their friends' in any case.

Buster - Device control is crucial. It is also vital that we explain to children how this supports them to have safe access, so that they know they can share any concerns they have with adults. Shefford Lower School teaches e-safety in every year group.

Schools are obliged to report on unsafe use as part of safeguarding and record this on CPOMS

*Child Protection Online Management System

If you are concerned about a child outside of school you can phone 999 in an emergency or 101 to make a report. The NSPCC operated an urgent helpline on 0808800500



BEDFORDSHIRE DOMESTIC ABUSE PARTNERSHIP

IT DOESN'T HURT TO ASK FOR HELP!

Safe Space

What is a Safe Space?

- a place for you to go if you need to access support
- a place where you can contact a domestic abuse support service who will be able to help you safely

For more information, speak to a member of staff or contact BDAP@centralbedfordshire.gov.uk

@bedsdv
bedsdv.org.uk

The **Bedfordshire and Luton Children's Community Health HUB** is our one stop service for our Health Visiting, School Nursing 0-19 and our Looked after Children Teams for parents, carers and professionals. Our Luton Community Paediatric Service can also be contacted via this number, but for emails please continue to use their own dedicated email address.

To access the Health HUB call us on 0300 555 0606 or email: ccs.bedsandlutonchildrenshealthhub@nhs.net

Shefford Lower School

Diary Dates

(further dates will be added and these will be in bold italics)

2022 Upcoming Dates

25th November	PSA Winter Fayre—More details to follow
30th November	Dick Whittington Pantomime performances—for the whole school
1st & 2nd December	Early Years Christmas performances—2pm
5th December	Year 4 Christmas concert—2pm
6th December	Year 2 Christmas concert—2pm
7th December	Year 1 Christmas concert—2pm
7th December	Year 3 Cake Sale—Charity TBC
8th December	Year 3 Christmas concert—2pm
9th December	Coffee Morning—Invitations to be sent.
12th December	Christingle Assembly
13th December	Christmas Dinner—Parentmail order form will be available
14th December	EYFS Christmas Party & Santa Visit
15th December	KS1 & KS2 Christmas Party & Santa Visit
16th December	Carols on the playground End of Autumn Term

2023 Upcoming Dates

<u>4th January 2023</u>	<u>Welcome Children back to the Spring Term</u>
<u>25th January 2023</u>	<u>Year 2 Trip—Material Trail—St Albans—Parentmail to follow</u>
<u>1st February</u>	<u>Year 3—Egyptian Day—Visit from Howard Carter—Parentmail to follow</u>
<u>3rd February</u>	<u>EYFS Cake Sale—Charity TBC</u>

Moving to become a primary as part of Central Bedfordshire's Schools For The Future project.

<https://www.schoolsforthefuture.co.uk/>

To find Shefford Lower's Academic Calendar for 2022/2023 please refer to our website

[Term Dates Link](#)

Please note this will be different to the Central Bedfordshire

Drop off times—08.45—09.00am

Collection times—3.20pm

The school office will be open from 8.30am to 3.45pm for any queries, please call 01462 629123 or email

schooloffice@shefford.cbeds.co.uk.